

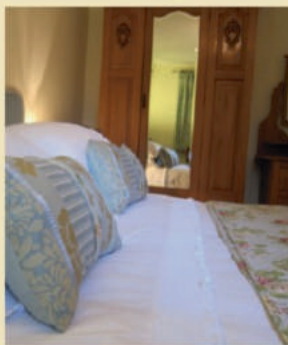


photo: courtesy Ron Clint, St. Mary dressed for the Harvest Festival

The Creeping St. Mary Newsletter

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Editorial Comment

Village life goes on - but for how much longer?

The same familiar and enjoyable activities happen year on year: new projects are proposed and brought to fruition - often by a small group - bringing welcome improvements to lives. The Parish Clerk reports that road safety measures are well underway; plans for the defibrillator and information point at the Red Phone Box are confirmed; school results are good or improving; the new refuse collection system is working; there is positive action being taken by the Police in the face of the current spate of burglaries and the two Parish Council places have been filled.

Further afield, there will be a new, accessible Records Office in Ipswich to the delight of those interested in our history; in Suffolk we are better than most places at controlling measles though good vaccination rates and almost a million un-safe goods have been apprehended at Felixtowe Port.

The village is having a very busy time socially with the many events that have happened and are in the pipeline for which many thanks are due to the Social Club Committee and Church volunteers. We appear to care greatly for our immediate environment, looking after our surroundings with twice-yearly litter picks and a churchyard tidy. A big thank-you for Bosch for donating gardening equipment to help with this.

So it is hard to take on board, when we look round our well-ordered and cared-for village, that much could be amiss and that we are not all working towards a better future. However, the small voice of a 15 year-old - Greta Thunberg - in Sweden quietly pointed out that all was not right with the world and that her future seemed anything but rosy.

With tropical forests ablaze, abnormal droughts and hurricanes causing devastation and glaciers and icecaps melting because of what we consume, the next generation fears their world is becoming uninhabitable and are worried enough to call the recent Global Climate Strikes which have been supported by tens of thousands of people. Governments and local Councils here are declaring a Climate Emergency.

So we have to change how we do things. Unfortunately the number of doubters is still uncomfortably high as a recent study from King's College London discovered: <https://www.kcl.ac.uk/news/britons-hugely-underestimate-how-hot-planet-has-become-and-how-much-plastic-waste-is-in-the-environment>

Fortunately there is a lot we can all do to turn things around - as long as we don't carry on thinking it is someone else's problem.

Thanks to contributors, advertisers (rates p.35) distributors and to co-editor Kathryn Martin who ensures that the information gets into this newsletter.

Joan Hardingham co-editor.



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CREETING ST MARY PARISH COUNCIL NEWS

New Parish Councillors

Welcome to our two new Councillors! Lesley Plummer of All Saints Road and Chris Emmins of Fen Lane have joined the Parish Council. All the Parish Councillor's contact details as well as the Clerk's is on the website and noticeboards.

Traffic Calming through the village

We are still awaiting the road markings 'Slow' and 'Pedestrians in Road' on All Saints Road to help villagers and parents walking their children to and from school. There was a wait of 8-10 weeks.

Vehicle Activated Speed Sign

Due to technical problems this is being sent back and will be replaced with a solar panel sign to be placed at the Jacks Green Road location whilst the development works on All Saints Road are being carried out. The post will be reinstalled at the All Saints Road location in due course.

Red Telephone Kiosk – Jacks Green Road

Plans are ongoing to install a defibrillator into the telephone box as well as it being an information point for walkers.

Look out for us on Facebook!

The Parish Council are looking into having a Facebook page. This way events, planning applications and important information can be made available for everyone to see, as well as on the website and noticeboards. I will keep you posted of progress... pardon the pun!

Verges in the Village

The Parish Council are aware how bad the verges are looking in parts of the village. Due to cutbacks at the County Council, the Parish Council are seeking quotes from contractors to regularly cut back the verges/pathways, especially the path up the hill towards the church and the path on St Mary's Road from St Mary's Gardens to the entrance of Alder Carr Farm.

County Councillor's Report

Schools in Suffolk . there has been an improvement in results across a range of subjects at GCSE level – Self-reported results from Suffolk schools, released on 22 August, indicate a 4% increase in pupils achieving at least a grade 5 in all elements of the English Baccalaureate (Ebacc) and a 7% increase in the number of students achieving a grade 4, when compared with the previous year. The English Baccalaureate constitutes GCSEs in English and Maths plus GCSEs from the Sciences, Humanities and Languages. This is seen by the government as an important academic foundation for all pupils. The self-reported figures also show an increase in the number of disadvantaged pupils achieving grade 4 in English and Maths. There has also been a 2-point increase in the attainment 8 figure for disadvantage pupils, which is likely to see disadvantaged students exceed the national average when provisional results are released in October. Attainment 8 takes into account a pupil's overall results across a range of GCSEs. More than 6,500 pupils in Suffolk were entered for GCSE exams. Some schools have done particularly well: Debenham High School reported 71% of pupils achieving a grade 5 in English and Maths and 80% achieving a grade 4 in English and Maths. Debenham High School and Thomas Mills High School have reported the highest percentage of pupils achieving a grade 5 in Ebacc this year.



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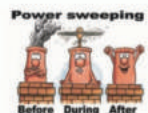
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The Hold, the new home of the Suffolk Record Office

Preserving Suffolk's history for many years to come – building work is now well underway. Whilst The Hold is primarily a record storing facility, it will be a completely accessible space – once through its front doors there's no need for visitors to use steps or lifts. There will be a dedicated exhibition space which will host four specially curated exhibitions per year, to encourage everyone to interact with Suffolk's culture and history. Most of these exhibitions will be replicated at our Bury St Edmunds and Lowestoft Record Offices, but with a local twist to ensure that the whole county gets involved. A 200-seat tiered auditorium will primarily be used by the University of Suffolk and also host conferences and talks by archivists. There is no other auditorium space with this capacity in Ipswich and it's hoped that it can also be used by the wider community. Another first, for the whole of the county is The Hold's thermal mass maintained strong room. This record storage facility spans an impressive 1650 cubic metres, spread over three floors. It will have enough space to store the records we currently hold in Suffolk and should also comfortably house further records for the next twenty years.

Vaccination rates

Suffolk bucks the national trend for vaccine rates as the UK loses its 'measles free' status – On 21 August it was revealed that national rates for the second MMR (measles, mumps and rubella) vaccine have now fallen to just 87.2 %. This is thought to have led to the large increase in measles cases in England and Wales in 2018 (991 compared to 278 the previous year). However, as a result of the hard work of local healthcare professionals and the engagement of parents, in Suffolk vaccination rates at the end of March 2019 reached 94.5% for the first MMR dose (by 24 months of age) and 90.3% for the second booster dose (by 5 years of age). Following the introduction of a targeted, multi-agency campaign launched in December 2018, vaccination rates in Suffolk for both MMR doses improved between the first quarter and last quarter of 2018/19, by 2.4% for dose one and 3.5% for dose two. This is particularly encouraging at a time when there has been a decrease nationally, with the UK failing to meet the World Health Organisation's (WHO) recommended target of 95% for the second MMR vaccine.

Unsafe goods totalling £23 million detained at the Port of Felixstowe

On 19th August, nearly one million unsafe items had been prevented from entering the UK consumer market in the last year. This is thanks to the work of SCC Trading Standards Imports Team at the Port of Felixstowe. Figures for 2018/19 show that 996,143 items across 670 product lines were targeted, assessed and detained, with an estimated value of over £23 million - products such as baby carriers, strollers, child car seats and electric hot plates . The baby carriers had non-compliant labelling, an easily detachable label which becomes a choking hazard, and the leg openings were too wide meaning that a baby could fall out. Four in five of the UK's consumer goods arrive in the UK by a container. Half of these enter via the Port. Suffolk is one of the few authorities to host a dedicated Imports Team, which is directly funded by National Trading Standards. As well as protecting the public from unsafe items, the team's work also helps to protect legitimate businesses trying to compete on a level playing field.

Matthew Hicks – County Councillor for the Thredling Division

Tel : 01728 628176 Mob : 07824 474741 E-mail : matthew.hicks@suffolk.gov.uk

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District Councillor's Report

Draft Joint Local Plan Consultation Continues

Over the past month Mid Suffolk and Babergh have held 9 public events discussing the draft Joint Local Plan with residents, with 11 more planned this month before the consultation ends on 30 September. This proposes a set of planning policies that will be used to inform decisions on planning applications and appeals over the next 18 years, up to 2036. Residents can take part online, or by visiting one of 18 public consultation events planned across the two districts. See the MSDC website.

Gateway 14 expansion set to deliver multi-million pound boost for region

Mid Suffolk District Council's subsidiary company Gateway 14 Ltd has completed the purchase of a key site at Stowmarket East, unlocking development plans and a potential multi-million-pound boost for the local economy. Read the full story online.

Refuse collection

Crews bed-in to new collection routes – and thank you to all residents for their patience while the transition took place to the new collection rounds. This was a huge undertaking for the waste team, as well as making the routes more fuel efficient, ensuring MSDC has the capacity to meet future home growth and reduce the environmental impact in line with MSDC's climate change ambitions.

If you have any questions about the collection day changes please visit the FAQs or get in touch with the waste team on the MSDC website.

Mid Suffolk District Councillors Mike Norris

mike.norris@midsuffolk.gov.uk Tel. 01449 720871 and

Steve Phillips

stephen.phillips@midsuffolk.gov.uk Tel. 01449 721710.

Representations to Mid Suffolk District Council since the last Newsletter,

There has been no applications to consider.

Recent Planning Application Decisions

Ref: DC/19/02443 – Householder Planning Application – Erection of a 2- Storey Rear Extension Paddock View, Jacks Green Rd, Creeting St Mary, Ipswich IP6 8NA – GRANTED

Ref: DC/19/02454 – Householder Planning Application – Erection of a single storey rear extension following demolition of existing outbuilding – The Red House, Norwich Road, Creeting St Mary, Ipswich IP6 8PF – GRANTED

Ref: DC/19/02834 – Householder Planning Application – Erection of single storey rear extension following reduction of existing outbuilding and replace flat roof with pitched lean-to roof – 2 St Marys Rd Creeting St Mary, Ipswich, IP6 8LZ – GRANTED

Ref: DC/19/02577 – Full Planning Application – Change of use from part residential and B&B to form a single (C3) residential unit. Creeting House, All Saints Road, Creeting St Mary, Ipswich Suffolk IP6 8PR – GRANTED

Ref: DC/18/05612 – Submission of details under Application 4188/15 relating to Appearance, Landscaping, Layout and Scale for hybrid application of 52 dwellings and new training facility, workshop and parking area (housing only) – J Breheny Contractors Ltd, Flordon Rd, Creeting St Mary, Ipswich Suffolk IP6 8NH – APPROVED

Ref: DC/19/03390 – Planning Application – Erection of replacement dwelling – Riverside Farm, Kettle Lane, Creeting St Mary, Ipswich Suffolk IP6 8LL – GRANTED

Jennie Blackburn (Parish Clerk) – 01449 721369 (answer phone) or email clerk.csmc@yahoo.co.uk Details of forthcoming meetings and copies of Parish Council Meeting minutes can be found on the village web- site. If you have any concerns or queries to address to the Parish Council, please contact the Parish Clerk as above or come along in person to the next meeting.



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**Alder Tree multi award-winning ice cream
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Our own & locally sourced free-range eggs, beef, lamb & pork

Deli: cheese, olives, scotch eggs, & freshly baked sausage rolls

Fresh bread & pastries from Woosters Bakery



Saturday 30th November Christmas Food and Craft Fair

Food & drink tastings, Sing a Song with Santa, Craft stalls

All You Need for Christmas:

Locally reared turkeys, geese & game - Christmas trees - Hampers

Beers, wine & spirits

Suffolk Food Hampers & Speciality Cheese Boards

Fresh fruit & vegetables

cleaning product refills

Plant Centre: quality plants from Katie's Gardens

Barn Cafe and Craft Units:

Haberdashery – Sugarcraft - Pottery -

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Getting to know your Parish Council

Cllr Sue Haynes

Hello, my name is Sue Haynes; I am Chairperson of the Parish Council. We moved to Creeping in October 1987, in a car covered in golf ball sized dents, the result of a hailstorm in Woodbridge where we had come from! A week after moving the hurricane hit; we knew why our new home was called 'The Watering'! Flood water surrounded us and the neighbour's barn was blocking the road. After 10 happy years during which we learnt how to deal with water, our two daughters left home and, with our son, we downsized to 'The Hills where we get blown away. I still work part time as a Podiatrist/Chiropodist; occasionally use my Herbal medicine qualification and fill the rest of my time 'gardening' and helping care for our 7 grandchildren.

Jennie Blackburn

I'm Jennie, the Clerk and Responsible Financial Officer to the Parish Council. I have lived in the village with my family for just over 7 years. Our house is directly opposite the village school which has made the school run with my two daughters in recent years - one of the shortest imaginable! I have worked in local government since 1996 in a number of areas including Child Protection, Adoption, Education and Governance. I hold the Certificate in Local Council Administration (CiLCA) which is the recognised professional qualification for Parish Clerks. I really enjoy my role within the local community and I am immensely grateful for the help and support that I receive from our team of Parish Councillors who give up their time for the good of the village. My main passions are food and drink and Zumba – the Zumba is necessary to counter the effects of the food and drink! If you are interested in any aspect of the village, I can probably point you in the right direction - so please, feel free to get in touch.

A BUSY WINTER WEEKEND!

Be prepared for a lot of activities

Saturday November 30th and Sunday December 1st.

CSM Church Christmas Tree Festival - Sat 10 - 5; Sun 10 - 4

CSM School/Church Bazaar - Saturday from 2 p.m.

Alder Carr Farm Christmas Fayre - Saturday 10 - 4 p.m.



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Creeting St, Mary Voluntary-aided Primary School

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school telephone
01449 720312
office@creetingstmary.
suffolk.sch.uk
www.creetingstmary.suff
olk.sch.uk

TERM DATES 2019/20

Autumn term 4 Sep - 19 Dec
Christmas hol 20 Dec- 6 Jan
Autumn half-term 21 Oct - 28 Oct
Spring term 7 Jan — 2 Apr
Spring half-term 17-21 Feb
Easter hol 3-20 Apr



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

At the time of writing this month's article, Parliament has returned after its summer recess and I am especially delighted to welcome our new Chancellor, Sajid Javid's first Spending Review. We have fantastic schools here in Central Suffolk and North Ipswich and they have historically lagged behind their counterparts in London and other cities in terms of funding. I have long campaigned for more money for our schools here in Suffolk and this new funding boost will finally go some way to closing the funding gap and ensuring that each and every child here in Suffolk can have the very best start in life with access to a good education. I regularly visit schools across Central Suffolk and North Ipswich and funding is almost always on the agenda, with the need for our schools to be able to plan and forecast budgets in advance. I regularly feedback these comments to the Department for Education and I am heartened that in his Spending Review, the Chancellor has committed to providing a full three-year resource settlement for schools, helping to provide stability and confidence in budget planning. I was also especially pleased to hear that teacher's starting salaries are also set to rise, meaning that we can attract and retain more top graduates into teaching here in Suffolk, helping our children and young people to thrive and enjoy an outstanding education with the next generation of inspirational teachers. I work hard to support our schools here in Central Suffolk and North Ipswich, lobbying for more money in Parliament and visiting schools to meet with pupils and teachers when I'm back in Suffolk. It's only right that rural schools, such as ours in Suffolk, get their fair share of funding. Whilst this latest cash injection is welcome news, I will continue to work hard to support our schools and to make sure that they get the funding they deserve.

Tel: 0207219 7038 www.drdanielpoulter.com
daniel.poulter.mp@parliament.uk



From the Rectory Showers of Blessing

Rev. Phillip Payne

It's raining.

An hour ago I was up a ladder harvesting fruit. Now I sit seeking inspiration in the rivulets of rainwater trickling down my study window, fruit picking done for the day. The shower will soon pass, and warmed by the early evening sun, the moisture on my window will evaporate back from whence it came. All will be dry once more. Yet wait. Scratch the surface, look beneath those fallen leaves. There, out of sight, the precious moisture sinks slowly into the ground, feeding countless living organisms; blessing the life beneath our feet. There is so much life in the soil, rarely seen, yet as essential for our wellbeing as the fruit I have just harvested. Without the life I can't see, the life I can see wouldn't be.

A momentary shower may not look much. The rain gauge barely registers it. Yet deep beneath my feet, alone, unseen each little drop plays its part. 'Every little helps', as the old adage goes and little showers soon add up. After all, the mightiest river, the largest lake, is but a host of raindrops working together.

What is true of raindrops is true of human life as well. Little acts of kindness, little gestures of support and little gifts of love, like little raindrops all add up to showers of blessing. Sometimes we long to be a mighty river, to flood an aching world with goodness. Or, aware we can't solve the world's problems we feel inadequate and lament what we can't do, instead of recognizing what we can and have. Yet just as every passing drop of rain nurtures the life of our soil, so each passing drop of love nurtures the life of our communities. We may never see the raindrop next to us, but together we all add up to showers of blessing.



Police Meeting - All welcome!

Are you concerned about all the burglaries in Creting St Mary in recent months?

Then come to a specially arranged meeting with PC Stefan Henriksen from Stowmarket Police. He will answer questions, advise on crime prevention and inform you on what the police are doing about these incidents, and anything else you wish to raise.

Saturday, 2nd November 2019 at 10.45am

Creting St Mary Village Hall.

Page 13 Sept/Oct 2019

CREETING SAINT MARY WELFARE CHARITIES

The Creeting Saint Mary Welfare Charities Trust can provide assistance for those in need, hardship or distress by reason of, age, illness, unemployment, the need to continue in further or higher education.

SOME EXAMPLES OF POSSIBLE GRANTS

Annual grants to those receiving state pension in financial need.

Grants toward the relief of general hardship.

Grants for students who are in higher or further education.

Help with aids to cope with disability not available from state funding.

Grants towards maternity costs.

Grants towards funeral expenses.

Help towards cost of personal Pendant Alarms for the elderly.

The Trust is intended to benefit the residents of Creeting Saint Mary, however, in exceptional circumstances the Trustees may consider applications from persons who are resident outside the Parish.

TRUSTEES: Mr. P. Stephenson (Chair) Mr. D. Primmer (Hon. Clerk)

Mrs. M. Aldred, Mrs. P. Day, Mrs. K. Martin,

Please make any enquires to :

Mr. D. Primmer, 30 All Saints Road, IP6 8NF Telephone 01449 721514



**Celebrate Suffolk Libraries Day
with
Needham Market Library**

www.suffolklibrariesday.co.uk

Monday 7th October : Guided circular walk

(The Causeway, Badley Bridge, River Gipping – approximately 6.5 miles)

Saturday 12th October : Guided circular walk

(The Causeway, Priestley Wood and Botty's Plantation – approximately 5.5 miles)

**followed by drinks and homemade
cakes/scones**

Cost: Adults £5.00 per walk (including refreshments) /

Children: £1.00 (must be accompanied by an adult)

Meet at the Library at 09.45 for a 10.00 start

For further information and a booking form please call into the Library or
contact us on 01449 720780 / email: needham.library@suffolklibraries.co.uk

Tombola

We will be holding a tombola in the Library w/c 7th October
and would welcome donations of prizes (especially those that are **homemade**)

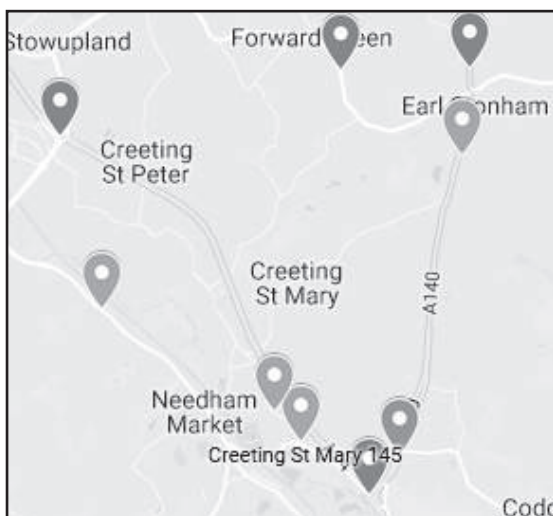
Please drop off at the Library any time we are open

The Wider View

There are 106 Roadside Nature Reserves (RNRs) in Suffolk - often remnants of old meadows and important havens for rare plants and corridors for wildlife. Suffolk has more than 4,000 miles of roads, 80% of which are classed as rural so potentially a huge area of wildlife-rich habitat providing connections to avoid isolation of populations and allow expansion of species ranges. Historically, roads started as paths and tracks wandering through the countryside connecting fields and villages but from mediaeval times, as fields were enclosed, the verges, unaffected by agricultural practices the other side of the hedge and being unimproved, retained some of the original flora and associated wildlife.

Most RNRs are managed for specific plants: orchids, wild licorice, rare chalk flora and 34 of them solely for sulphur clover - hence there is a specific cutting routine to prevent coarse grasses and thuggish plants such as nettles and brambles taking over while not preventing the target species to grow and seed. These can be found searching online for *Suffolk Roadside Nature Reserves interactive map*. We have 3 in the parish and several more nearby - notably the Beacon Hill and Cedars Park roundabouts! Here are breathtaking displays of pyramidal orchids in the spring.

Each RNR is marked with white posts. There is provision for volunteer wardens to keep an eye on the sites - CSM does not have any so it is important that people know what the cutting regime is - all our verges should be cut **only in September**. If you are interested in being involved contact this newsletter.



Conference:

**On the Verge of Success
- the importance of road-side
verges to wildlife**

Wherstead Park, Ipswich
Sat Feb. 29th 2020 9.30 - 5p.m.
tickets available from sns.org.uk

The
Suffolk

Naturalists' Society

Recording the
Natural History
of Suffolk
Since 1929

CSM and nearby RNRs:

Flordon Rd 1 - at Bosmere end
Flordon Rd. 2 - entrance to sandpits
Green Lane off A140
A140 at Stonham Parva
Beacon Hill and Cedars Park roundabouts
B1113 Badley hill and A1120 Earl Stonham

Page 15 Sept/Oct 2019



CREETING ST MARY SOCIAL CLUB (CSMSC)

csm_socialclub@outlook.com

Following a break in August, we got back into the swing of things with a sell out quiz night on Saturday 14th September. Over 80 people packed the village hall for a really great evening. Huge thanks to our quizmaster, Shaun Vincent, who produced and hosted an excellent quiz. There were 14 teams and the runners up were Mixed Nuts and the winners Hayday. Between rounds one and two of the quiz, a hearty ploughman's was served, followed by a delicious array of puddings worthy of a pudding evening all on their own! Thanks to all those who supported the event, and to those who provided the delicious puddings, and helped in various ways to make the event so successful. We look forward to making this an annual event on our Social Club calendar.

The Harvest Horkey will be on Saturday 12th October, starting at 7pm. There will be the traditional pie and mash followed by home made puddings, with musical entertainment to follow and drinks available from the bar. Having run this for many years, Pam Day and Pam Primmer have passed over the baton to the Social Club, but will still be involved acting as advisors this year. for details see p. 18. Booking is essential for this always popular evening.

Friday 1st November sees our ever popular annual firework evening. There will be food and mulled wine available from 6pm and light up time is 7.15pm, with the bar open all evening. The event is sponsored by the Parish Council and run by the Social Club alongside expert technicians. As it is so close to Halloween, we invite the children to attend in their Halloween costumes with a competition for best costume! Entry is £10 family, £5 /individual.

Our AGM is next, on Friday 15th November at 6.30pm. at the Village Hall. Under the current rules potential members can attend but not vote. Following the completion of AGM business, there will be a social event only for members (and signed in guests - 2 per member) and the bar will be open. Details will be emailed to all club members nearer the time. For more details please contact: csm_socialclub@outlook.com. Form download <https://www.creeting-st-mary.suffolk.gov.uk/social-club/>

On Friday 29th November, thanks to Steve Fernie, we will be hosting Martyn Joseph, a very popular folk artist, for a concert. Tickets are going fast, so if you are interested in this special event see p.17. Doors open at 7.30pm, Please kindly note that at present we are a cash only bar, and do not yet have facilities for card payments.

We very much appreciate your ongoing support, and hope that you will join us for some of the forthcoming events.

Kathryn Martin. Chairman.



**"Stunning,
heartfelt music"**

Bob Harris, BBC Radio 2

Cold Harbour Recording Company in association with Creting St Mary Social Club
is pleased to present

Martyn Joseph

In Concert

29 November 2019 7.30pm

at Creting St Mary Social Club

48-49 All Saints Road, Creting St Mary, Ipswich IP6 8NF

Limited tickets available: £18 Members / £20 Non-Members

Phone 01449 720988 (cards accepted) or 01449 720740

Doors 7.30pm. Show starts 8pm. No Support. Licensed bar.

www.martynjoseph.net

Creting St. Mary's long-standing Harvest Horkey

**October 12th 7.p.m.
at the Village Hall
£12.50 per head**

**traditional pie and mash followed by home made puddings,
musical entertainment
drinks available from the bar.**

Contact

Glynis Clint- 01449 720740 glynisclint@gmail.com

Pam Day - 1449 720057

Pam Primmer - 01449 721514 pamelaprimmer68@gmail.com

Creting St. Mary Fireworks on Blacksmiths Field. Friday 1st November

***uSocial Club Commitee annual fireworks event
from 6 p.m. with fireworks at 7.15.***

***BBQ and mulled wine and the bar is open all evening.
Hallowe'en fancy dress for children with prizes***

Entry is £10 per family, £5 for individuals on the gate

***Please walk or drop people off if you can as car-parking is limited
It is great fun, please join in.***

***As always, a village
event requires people to
help with small jobs like
car parking, manning
the entrance, publicity,
refreshments etc.***

Contact:

cretingnewsletter@gmail.com

sponsored by the Parish

Council and run by the Social

Club



The Diamond Jubilee Village Hall

This is available to hire at very competitive rates. There is a bar, WIFI and a large car park. The kitchen, lounge area and a small meeting room all can be hired separately. Regular Yoga, dance classes, WI, and Keep Fit take place. Details via the Village Website or call Chris Bingley on 01449 720324
Village Hall Committee

Blacksmith's Field Fundraising Committee

In 2014 we completed a survey and held an open day at the Village Hall to obtain feedback on recreational equipment that the community would like to see installed. In 2016 through various fundraising events, generous donations from local businesses and the National Lottery we completed phases 1 and 2 of the 5 year plan which saw the new playground equipment being installed. We are now planning phase 3 of this project which is looking to install exercise equipment, a fitness trail or a multi sport hardcourt. Various organizations like Community Action, Sport England and Active Villages could support such projects but we need as much feedback from the local community as possible. We have set up a Fit Villages consultation form on the Suffolk website which has been circulated to current Social Club members, so please spread the word across Creeping St Mary:

Live form online: www.activesuffolk.org/forms/view/

Look out for the posters and social media updates on future events. We are also considering another kids or family boot camp to complement the very popular exercise classes that run at the Village Hall, so it would be great to assess interest through this survey.

Rob Brittain Fundraising Committee rob_brittain@hotmail.com

VILLAGE LITTER PICK

SUNDAY 20TH OCTOBER

Meet at the Village Hall at 10.30am

Come and help us tidy up the Village

- All equipment provided by CSM Parish Council

Bring your friends and family- all ages welcome

Enquiries contact - clerk.csmc@yahoo.co.uk

Or telephone Kathryn Martin on 720491





CHURCH SERVICES

St. Mary's Church,
Creting St Mary

St. Peter's Church
Creting St. Peter



October

6th - 09.30 am - Prayer and Praise - Creting St Peter

13th - 11.00 am- Holy Communion, BCP (Book of Common Prayer) Creting St Peter

20th - 10.00 am 8-Parish Holy Communion for Wholeness and Healing
- Earl Stonham

6.30 pm - 8-Parish Evening Prayer for Wholeness and Healing - Gosbeck

27th - 11.00 am - Holy Communion - Creting St Mary

November

3rd - 9.30 am - Prayer and Praise - Creting St Peter

10th - 9.30 am - Remembrance - Creting St Mary

17th - 9.30 am - Morning Prayer, BCP - Creting St Mary

24th - 11.00 am Holy Communion - Creting St Mary

December

1st - 4.00 pm - Christmas Tree Festival Service - Creting St Mary

8th - 9.30 am - Toy and Gift Service - Creting St Mary

15th - 6.30 pm - Carol Service - Creting St Mary

22nd - 9.30 am - Holy Communion - Creting St Mary

25th - 11.15 am - Holy Communion - Creting St Mary

For other local services see Parish contacts p. 35.

CHRISTMAS TREE FESTIVAL

Saint Mary's Church

Saturday November 30th 10am-5pm

Sunday December 1st 11am-4pm

Christmas Tree Service 4 p.m.

Entries are welcome from groups, village organisations, local businesses and individuals.

The theme this year is:

A FAVOURITE CHRISTMAS CAROL

Setting up will be on Friday 29th. November,

A letter will be sent with more information nearer the time.

For further details please contact:

Pam Primmer on 01449 721514 or

email pamelaprimmer 68@gmail.com



**ST MARY'S CHURCH
CREETING ST MARY
HARVEST CELEBRATION**

Sat 21st and Sun 22nd SEPTEMBER 2019

People were invited to help to decorate the Church with a contribution to one of the classes below:

Class One: Your Funniest Vegetable, A Stick Man, A Plate Garden
Class Two: Blooms In A Vase, Single Stem, Your Favourite House Plant
A report will be available in the next newsletter

**CSM Church Events organised by volunteers
(more gladly welcomed)**

CSM Churchyard Tidy

Can you spare a couple of hours to help keep our beautiful church yard looking it's best? We are planning to meet on Saturday 19th October from 10am--12 noon. Hope you can join us.

Christmas Bazaar, Saturday 30th November. from 2 p.m.

The annual Creeting St Mary Christmas bazaar run by School and Church will take place at the School the same weekend as the Church Tree Festival.

For details if you would like to join in:

contact: Glynis Clint - glynisclint@gmail.com

Bosch, Stowmarket, Donations

It is with great pleasure that we have received a gift from Bosch, Stowmarket, of gardening equipment to be used within the village community. Our special thanks go to the Johnson family who mentioned our need to Bosch. It is an amazing gift to our community.

Ride and Stride:

(Suffolk Historic Churches Trust)

The Sponsored Cycle Ride this year was on Saturday 14th September. Cycling or walking between churches, or just sitting in the church and being sponsored. In 2018 our parish raised the largest sum in the Deanery – I hope we can again as half the money goes direct to our church.

Our local organiser Hazel Mackintosh on 720753.

A report will be available in the next newsletter

A Bit of History

By the time you receive this magazine we will be in the month of October; the month when the festival of Hallowe'en is celebrated in several countries around the world. I'm sure Creting St Mary will be no exception! Whether or not the origin of "All Hallows Eve" lies in Pagan, Gaelic or Christian festivals, it is now that time of year and the reason that various customs and activities are celebrated. However, one character that always appears at Hallowe'en (metaphorically speaking), is the witch. In the 1400s, Christianity came under threat from an invisible force. Starting among the educated elite then spreading like wildfire, the idea emerged that a group of evildoers were acting insidiously and in unison to endanger Christianity: witches. They were believed to accompany the malignant spirits as they travelled the earth requiring barns and homes to be blessed to protect people and livestock from the effects of witches.

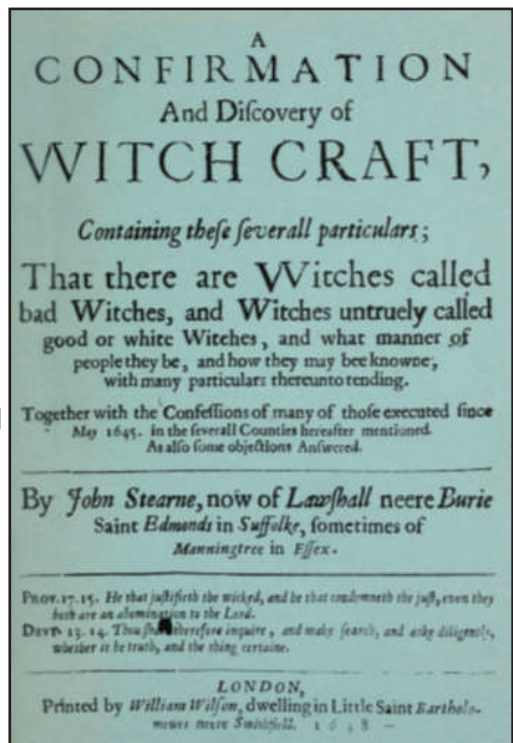
From the early 15th to the late 18th century, witchhunt hysteria swept through Europe and the European colonies in America. thousands of women and many men were tried and executed for practising black magic. The majority of those in East Anglia being during the three-year reign of terror of one of medieval history's most notorious figures: Matthew Hopkins (of Great Wenham), the Witchfinder General. During the Civil War period in the mid 17th century, a man named John Stearne (of Long Melford), was an associate of the self-styled "Witchfinder General"; and came to be appointed as Hopkins deputy.

Through Stearne's allegations, two alleged witches were hanged on 27th August 1645 at Bury St Edmunds. One was Ann Hammer, "near Needham in Suffolk, of Creting there", the other was Nicholas Hempstead "of Creting in Suffolk". According to Stearne, Ann Hammer had confessed to him that she had slept with the Devil and also admitted responsibility for the death of a child of Master Campe. So what about Nicholas Hempstead, what had he done? He was alleged to have used witchcraft to kill a horse belonging to a constable who was pressing him to be a soldier, to have killed five of the best horses in Colonel Rochester's Troop and also he made a very large confession about other diverse things he had done.

Paul Scully Sep/Oct 2019

Tel: 01449 721461 e-mail:

paul@impressions41.plus.com



Footpaths and Bridleways

I've been asking Suffolk County Council Public Rights of Way (SCC PRoW) for some time now to agree to extinguish the two footpaths and the bridleway that run from Flordon Road to Creeting Hills across the A14. All three routes are very dangerous and impractical to attempt to negotiate; dangerous because they require the user to cross the busy A14 trunk road and impractical because they are extremely difficult to traverse because of the steep embankments and thick undergrowth. In my opinion all three routes need expunging from all maps as soon as possible. I, along with the landowner across whose land the bridleway (BW) runs, are due to meet a PRoW representative on site in mid-September, the reason being because a member of the public fell whilst attempting to use this particular BW (32A). She consequently demonstrated with the land owner - regarding safety, the use of public paths etc. - who subsequently contacted the PRoW reporting the incident and requesting that this particular path be ceased, hence the planned meeting with them. I shall keep you posted.

This month, a CSM parishioner wrote to me regarding a footpath running up the west side of Beacon Hill, on the A140. This is actually a pavement but because of the lack of maintenance has become very dangerous to use because thick undergrowth covering it in parts has made it very narrow. As it also runs adjacent to the fast A140 dual carriageway, the Parish Clerk has written to the SCC Highways department seeking remedial action. Let's hope it gets it.

Please let me know of any issues about any footpath in the parish and remember that a map of all the paths can be seen on the board outside the Diamond Jubilee Village Hall and also on the one just off the footpath at Hawks Mill beside the river (near the entrance to Alder Carr Farm).

Paul Scully September - October 2019

Tel: 01449 721461 e-mail: paul@impressions41.plus.com



Climate change and Trees

Climate change could lead to serious adverse weather affecting all of us. As trees grow they take up carbon dioxide - a key greenhouse gas, provide shade and protect against strong winds. This year the Woodland Trust has a project where every parish in Suffolk can order free packs of trees and tree guards.

The CSM Parish Council has a team to manage this and 150 trees are due in December. We have been in touch with local land owners to see where we might plant the trees and will firm up plans as we get closer to December. If any one has land for few trees or would like to be

involved in helping to plant trees please contact Hugo Craggs:

Hugo.Craggs@sjpp.co.uk or the Parish Clerk, Jenny Blackburn,
clerk.csm@yahoo.co.uk.

Planting 150 trees will not alone make a huge difference but if every parish across the country did the same the impact will be very meaningful. Our thanks to the Woodland Trust for this great idea !!



CUPPA, CAKE & CHAT
NEEDHAM MARKET

**A NEW monthly social group
for people aged 65+
in the Needham Market &
surrounding areas.**

First Tuesday of every month
October 1st , November 5th and
December 3rd

The Limes Hotel, Needham Market
2pm – 4pm

FREE Entry – donations welcome
Enquiries: 01449 298683

Registered
charity:
1085900



FLU VACCINATIONS 2019

Patients registered at Needham Market Country Practice.

If you are over 65, or have:- heart condition, asthma, COPD, kidney disease, diabetes, are pregnant, lowered immunity, had a stroke or are a carer for someone else – you are entitled to a free flu vaccination.

If you live in one of the areas below and have one of the above conditions, please book an appointment - telephone 01449 720666 after 10am.

The clinic for Needham Market, Ringshall, Combs, Stowmarket, Stowupland, Creting St. Mary, Creting St. Peter, Badley, Darmsden & Wattisham will be on Saturdays: September 28th and October 5th, 12th, 19th & 26th - 8.30 am until 12.30 pm and November 2nd, 9th, 16th, 23rd & 30th - 9.00am until 12 noon at NEEDHAM MARKET COUNTRY PRACTICE.

If you are unable to attend these flu clinics, please telephone Needham Market Country Practice on 01449 720 666 for further clinics and dates.

Creting St. Mary Women's Institute

Have you considered joining the WI? Do you want to socialise and make new friends?



We would love to see you at our meetings held at the Village Hall at 7:30pm on the second Wednesday of the month, unless otherwise stated. We are a friendly WI who welcome members from a wide area. Refreshments are enjoyed after our meetings. We also have walking, lunch and patchwork groups.

Our next meeting and AGM is in the Village Hall at 7.30pm on October 9th. If you would like to drop in to any sessions, give me a ring.

Hazel Mackintosh 01449 720753

Creting St Mary WI recent events

It's been a busy summer for our WI.

Our monthly walking group have enjoyed their programme which has included a Dunwich walk finishing, of course, with traditional fish and chips at the Flora Cafe. Also, rather different, two walks around private tracks on College Farm, courtesy of William Barnes looking in particular at beautiful wild flowers, butterflies and wildlife. It was also good to see different views of Creting from a highpoint on his land, and also learn of local history from our leader Paul Scully.

The September walk was a 'take a plate' picnic, in the Eye area.

The September meeting was an evening with Magda Snowden, who told us about her career transition from Architect to Milliner. This allowed all her artistic ambitions to flourish and has brought her, at last, a satisfying career. With ribbons and instructions on making a rose to wear we all enjoyed this, with many colourful results.

Our monthly meeting in June, on a rather wet evening, took us to Whitegates Farm, meeting their friendly dairy herd and watching the amazing automatic milking in action. This very happy herd of mainly Guernseys, wander in to be milked at a time of their choosing several times during day or night. We were told milk yields had increased as a result of this investment. They go out to the fields to graze or into the barns for shelter at will. This wet evening saw them all hurrying for cover, as we did too! We ended with a visit to their farm shop for purchases of their produce, including meats and renowned cheeses.

We had our Garden meeting in July and visited Jane Mayell's beautiful garden on a lovely summer afternoon, and this including many tasty refreshments, provided by the committee.

August brought our meeting run by members (rather than committee) and included much fun, and a dancing session with Pam Primmer, a few left feet were noted!

Chris Bingley



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Sudoku - tricky

Like an easier one? Let us know.

Complete the grid using the numbers 1-9
 using each number only once in each
 row, column or 3x3 box.

Solution on Page 31.

7			1					
1	4						8	9
		8	3	4				
4	5			1		8	3	
			8		4			
	2	6		7			4	1
				3	2	4		
6	3						7	2
					1			3

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Stowmarket Wildlife Group Suffolk Wildlife Trust

We are a group of volunteers who care deeply about wildlife, for its beauty and diversity and importance to everyone's existence. We support the Trust's aims and vision for a Living Landscape - with nature reserves, Sites of Special Scientific Interest and County Wildlife Sites forming networks of linked-up habitat.

We look after local wildlife reserves: Work parties maintain Combs and Bonny Woods

SWT Magazine is delivered to local members, saving postage costs.

We organise local events: talks at Stowupland village hall and guided walks. The complete programme can be downloaded from www.suffolkwildlifetrust.org/wildlifegroups

Contact John Thompson 01449 676471 swtstowmarket@gmail.com

Our most local reserves:

Combs Wood, Bonny wood, Bradfield Woods, Bull's Wood, and the Blackbourne Valley.

SWT EVENTS Oct/Nov 2019

Stowupland Village Hall. Talks start at 7.30 p.m.

Admission is £2.50 including refreshments.

Hearing loop available on request.

Wednesday 30th October

PESTS AND DISEASES OF TREES, an illustrated talk with Sid Cooper.

Sid from the Forestry Commission will give an overview of the major pests and diseases currently affecting our woodlands and their management; what pests and diseases may be coming next and what we can do to prevent tree pests and diseases from getting established or slow their spread and the damage they do.

Wednesday 27 November

GLOW-WORMS, an illustrated talk with Tim Gardiner, plus WILDLIFE QUIZ and RAFFLE

The Glow-worm is not actually a worm, but a beetle. Males look like typical beetles, but the nightly glow of a female is unmistakable. The larva is like the female without the glow and feeds on snails. It is one of Britain's most adored yet mysterious insects. Glow worms face many modern-day threats and challenges affecting their future existence.

See also: www.glowworms.org.uk/

Suffolk Wildlife Trust Christmas cards and gifts will be on sale at the talks.



female
(above) and
male
glowworm



Suffolk Sweep

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As a member of the Guild of Master Chimney Sweeps I am committed to providing a professional service, ensuring your chimney is kept clean and your home safe.

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**Telephone John on 01449 737513
or text SWEEP to 07858768162**

Needham Market and District Horticultural Society

Consider joining us - a friendly group that meets at Needham Market Community Centre on the first Thursday of the month at 7:30pm from February to November (incl.) with an August break.

Outings (for members only - prebooking required) are in May, June and July

Harvest Supper in October.

Membership is £5 p.a. and you can join at any meeting.

Next meetings:

October 3rd we welcome Professor Tom Williamson - an overview of orchards and the Orchards East Project.

October 17 th - Annual Supper - booking essential

Thursday 7 th November: Rod Tibbs - Cambridge College Gardens.

<http://www.nmdhs.onesuffolk.net/>

Joint Events Organisers: Pamela Cook, 01449 768640

Hazel Mackintosh, 01449 720753

NMDHS - what has been happening and updates

The Society began its autumn programme with a highly entertaining and informative talk by local organic gardener, Karen Kenny.

Bookings for our Annual Supper on October 17 th are going well with limited space remaining.

November is our final meeting of the year will be on As usual this will be at Needham Market Community Centre at 7.30p.m.

Our 2020 programme starts on February 6th

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Stowmarket Chorale



After a summer break, Stowmarket Chorale begin weekly rehearsals on Wednesday 18th September at a new venue - Combs Ford Primary School, Glemsford Road, Stowmarket, IP14 2PN starting at 7.30pm.

New singers welcome!

We will be rehearsing highlights from Bach's Christmas Oratorio. Under the skilled leadership of Tom Appleton and accompanist William Baldry, the choir will be coached, shaped and refined in the work in preparation for a concert to be held at the **United Reformed Church, Stowmarket on Saturday 30th November.**

**Tickets £15
children/students free**

Contact:
secretary@stowmarketchorale.org.uk (07901 758009)

REGISTERED OSTEOPATH

Louise Mallender BSc (Hons) Ost Med

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Do you remember? TIME FLIES BY LIKE THE WIND

from

*The Reaper's Year' production
by The Eastern Angles*

Harvest has been gathered in,
Fields been cleared of the sheaves;
Michaelmas Day brings a change-round
within, for all those planning to leave.

The binder's been stored in the shed,
Horses prepared, the furrows to tread;
Threshing man called to bring his
machine, women to gather and glean.

Seasons pass like the clouds in the sky,
Never know whether or why
We'll all in another year's time, still be
here working, asking ourselves how to
break off the tune of this merry-go-
round.

Time flies by like the wind,
Nothing can stand in its way.
Who knows where on earth it begins or
what it has to obey?

Yellow from green turn the leaves,
Waiting to fall with the first autumn
breeze, giving the soil the food that it
needs, ready to nurture the seed.

Seasons pass like the clouds in the sky,
Never know whether or why we'll all in
another year's time, still be here
working, asking ourselves how to break
off the tune of this merry-go-round.

Time flies by like the wind,
Time flies by like the wind,
Time flies by like the wind.

Lyrics: Ivan Cutting

Music: Pat Whymark

**And all this was not so long ago!
If you can remember the tune it will
stick in yor head!**

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spare 2-3 hours a week to do something amazing, please
contact us.

**For more information call Linda on 01379 678552
or email office@homestartmidsuffolk.org.uk**

Home-Start Mid & West Suffolk. Registered charity no. 1127760

Sudoku (p. 26) solution

7	6	2	1	8	9	3	5	4
1	4	3	6	2	5	7	8	9
5	9	8	3	4	7	2	1	6
4	5	9	2	1	6	8	3	7
3	7	1	8	9	4	6	2	5
8	2	6	5	7	3	9	4	1
9	1	5	7	3	2	4	6	8
6	3	4	9	5	8	1	7	2
2	8	7	4	6	1	5	9	3

I'm having problems with a builder I employed to build a kitchen extension to our house. The foundations are laid, and he's knocked through the back wall - the back of our house is now a tarpaulin sheet. We paid an initial deposit upfront, and then two further amounts in cash for materials. He's now asked for more money - but I'd like to see more work done first. We had a bit of a row, and he hasn't turned up for the last two days. What should I do next?

The Citizens Advice consumer service (0345 04 05 06) is a good first port of call. If you think your relationship with the builder can be salvaged and you'd like him to finish the work, you can try to sit down with him and agree - in writing - a schedule of works and payments you're both happy with. A written contract, should cover exactly what you're paying for and everything you've agreed on, like timings, payments, who will pay for materials and subcontractors. If you pay any future installments by credit card rather

than cash you'll also benefit from extra protection from the card provider. Take photos as the work progresses and keep copies of communications and receipts.

If you feel the situation with that trader can't continue you can complain in writing to him or his company and ask for some money back. If you believe the work is substandard you can report problems to Trading Standards via the Citizens Advice consumer service. If he's a member of a trade association they also might be able to help. If that doesn't work, look for an approved alternative dispute resolution (ADR) scheme - this is an independent third party who can help you to reach a compromise. The trader may already be a member of a scheme. If not, they should provide you with the name of a certified scheme and say if they are willing to use it.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, housing, benefits and family law.

You can contact them on 01449 676060 or go to the Advice Centre on 5 Milton Road South, Stowmarket. For more information and our opening hours go to midsuffolkcab.org.uk.

RAINFALL AT C.S.M. 2019.

Month..	Rain in mm.
JULY.	95.0
Last Year	21.00
Total for 2019	299.5
Jan – Jul 2018	257.0
Wettest June / July	
for 7 years.	

Rainfall monitored by Chris Keeble

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VET'S ADVICE

Neutering your female dog

If you have a healthy female dog and no intention of breeding, our veterinary advice would be to have her spayed to significantly reduce the risk of serious problems in later life. Traditional spaying involves the removal of the ovaries and uterus, but keyhole surgery or laparoscopic surgery is quickly becoming the more popular option. This is a form of minimally invasive surgery and is considered by many to be the gold standard for neutering female dogs. This method has increased benefits when compared to the traditional (open) surgery:

- reduced pain after the operation
- your pet will return to her normal level of exercise sooner
- a significantly reduced risk of complications.

When can my dog be spayed?

Female dogs can be spayed at any age, but preferably after their first season, to enable them to be fully developed as an adult. We would not wish to spay just before a season, during a season, or during a phantom (false) pregnancy as surgery at these times carries a higher risk.

Advantages:

- spaying prevents the development of a life-threatening infection of the uterus called pyometra
- the incidence of developing mammary tumours has been proven to be reduced in animals that are spayed before their second season
- spaying prevents the development of ovarian and uterine cancers
- spaying prevents unwanted pregnancy. While your dog is 'on heat' you must watch her carefully to avoid unwanted breeding
- spaying will prevent phantom pregnancies.

Dogs that are not spayed will still go through hormonal changes, regardless of whether they are mated or not.

Potential problems

- there's always a small risk with anaesthesia and surgery on any species, but with modern anaesthetics, sophisticated monitoring equipment and professional care, this risk is kept to a minimum
- urinary incontinence in spayed females is uncommon, but can occur in some dogs. This can be controlled well with medication. It is more common in large breeds or overweight dogs
- dogs require less energy after spaying, therefore weight gain is common. However, this is entirely preventable with a healthy diet and proper exercise.

For more information about getting your female dog spayed, please contact Stowe Veterinary Centre on 01449 613130.

GENERAL INFORMATION AND CONTACTS

Creeting St Mary Newsletter:

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creetingnewsletter@gmail.com

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creetingnewsletter@gmail.com

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(Advertising rates are on page 35)

Distribution: Kathryn Martin (01449) 720491

Newsletter deadlines: the 20th of the months of:

September (Oct-Nov edition i.e early December and Christmas events)

November (Dec-Jan edition)

January (Feb-Mar edition)

March (Apr-May i.e. Easter)

May (Jun-Jul i.e. all those mid- summer events)

July (Aug-Sep - the summer holiday events)

Creeting St Mary Parish Councillors

Name	Portfolio
Sue Haynes	Chair - 01449 722570
Roger Coton	SALC - 01449 721526
Nigel Smart	Village Hall Management Committee - 01449 720100
Paul Scully	Footpaths and Bridleways - 01449 721461
Jan Palmer	Blacksmiths Field - 01449 723997
Hugo Craggs (Vice-Chair)	CiL and Sustainability- 07815137228
Lesley Plummer	new councillor 01449 720359
Chris Emmins	new councillor 07894231165

To contact any of the parish councillors, please, contact the Parish Clerk first

Parish Council Clerk : Jennie Blackburn - 01449 721369

or email: clerk.csm pc@yahoo.co.uk

Meeting agendas and dates are placed on the village noticeboards during the week prior to the meetings, and also on the website.



Creeting St Mary Website

Alastair Rogers: (01449) 720580 a.s.rogers@qwic.co.uk;
www.creeting-st-mary.suffolk.gov.uk

Diamond Jubilee Village Hall Hire:

Richard Hyde Tel: (01449) 720024; creetingjubileehall@gmail.com

Creeting St Mary Social Club: csm_socialclub@outlook.com.

Creeting St Mary Neighbourhood Watch Representatives:

Bill Mackintosh: (01449) 720753

Sue Haynes: (01449) 722570

Creeting St Mary Footpaths Paul Scully 01449 721461

e-mail: paul@impressions41.plus.com

Creeting St Mary Welfare Charities Mr. D. Primmer, 30 All Saints Road,
Creeting Saint Mary, IP6 8NF 01449 721514

County Councillor for the Thredling Division: Mathew Hicks

Tel: (01728) 628176 ; matthew.hicks@suffolk.gov.uk' Twitter: @HicksCllr

Mid Suffolk and Baburgh District Councillors:

Mike Norris - mike_norris@hotmail.co.uk 01449 720871

Steve Phillips - steve.179@icloud.com 01449 721710, mob. 07794823323

Member of Parliament for Central Suffolk and North Ipswich

Dan Poulter Tel: (01728) 726588 ; daniel.poulter.mp@parliament.uk

Twitter: @drdanpoulter

PARISHES:

Creeting St Mary, Coddendam, Creeting St Peter, Crowfield, Earl Stonham,
Stonham Parva, Gosbeck, Hemingstone, Stonham Aspal and Mickfield

Priest-in-Charge Revd. Philip Payne 01449711684

revphilippayne@btinternet.com

CSM Newsletter – Advertising Costs

Bi-monthly issues (June/July; Aug/Sept;

Oct/Nov; Dec/Jan; Feb/Mar; Apr/May)

Deadline 20th of month previous.

One insertion (depending on space)

Full page - £20

1/2 page - £15

1/4 page - £10

1/8 page - £5

Series of 6 adverts:

Full page - £108.00 (inside) / £125.00p.a.
(outside)

1/2 page - £75.00

1/4 page - £48.00

1/8 page - £24.00

An editorial piece about your business

(approx 100 words) can be put in annually.

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