

SUMMER



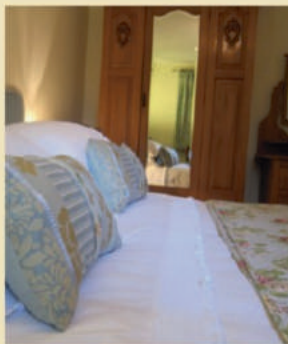
Get outside for your well-being

photo, courtesy Joan Hardingham

The Creeping St. Mary Newsletter

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Editorial Comment

SUMMER TIME.... AND THE LIVING IS EASY

Getting outside is good for us (see: <https://www.nhs.uk/>: search for 'mental health' and 'walking for health' and 'SAD' (seasonal affective disorder) - just a short period of brisk activity can do amazing things - from improving mood and self-esteem to many health benefits. Just being in any green space can achieve this. Exposure to sunlight has physiological benefits such as boosting vitamin D production - this is made by our bodies and is used to extract calcium and phosphorus from food to make strong bones and teeth. There is a worrying increase in rickets in the UK because children are not outside enough and are slathered with sunblock. Lack of sunshine decreases production of the hormones melatonin - making us lethargic - and serotonin - making us depressed - and may affect our body clock too. Pills are not the answer; overdosing can be toxic and anyway sunshine is free.

Mental health is an issue raised this month by Dan Poulter M.P. and a composed mind might help cope better with issues such as Rev. Phillip Payne discusses. So get out there!

This should be safer with the speed radar installed as parents are more likely to walk kids to school or go on a ramble along the many footpaths Paul Scully keeps an eye on and there will be an information point with maps at the newly painted red telephone box at Jack's Green.

You may soon need to go no further than Blacksmith's Field where a playground for adults is being planned to compliment the wonderful new childrens' play equipment. If the Parish Council's plans for tree planting come about that will be useful exercise; but please don't be cutting hedges while birds are nesting. You can Ride and Stride to raise money for Suffolk's historic churches or visit gardens with the Horticultural Society. And the village allotments - can anyone tell us about those?

The Social Club too has been very active organising outdoor events. It's probably a good thing we don't have too many Pudding Evenings!

We welcome two new Mid Suffolk/Baburgh District Lib Dem Councillors: Mike Norris and Steve Phillips - we hope to see them at PC meetings and village events. The result of the District Council elections was interesting with the Greens increasing from 6 to 12 councillors out of 34 members, possibly reflecting increased interest in and concern about our local environment; in addition there are 5 Lib. Dems, 16 Con and 1 Independent. With the boundary changes and CSM now in with the more 'urban' Needham Market rather than more rural wards, the village must make it's voice heard as priorities may be different!

Many thanks to contributors, advertisers (rates on pg 35) and organisers and to co-editor Kathryn Martin who ensures that the information gets into this newsletter.

Joan Hardingham co-editor:

Puzzle pps. 25/29 Thank you to Isaac Sheldrake for pointing out that I had put last edition's puzzle in twice - but not the solution - it was a tricky one! If you would like a change from Soduku let us know.

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CREETING ST MARY PARISH COUNCIL NEWS

Elections

Following the local Elections and boundary changes Creeting St Mary is now part of a Ward with Creeting St Peter and Needham Market so we no longer have Suzie Morley as our District Councillor. Our new District Councillors are Mike Norris and Steve Phillips and the Parish Council look forward to working with them in the future. Thank you to Suzie Morley for all her past help.

Speeding through the village

Our County Councillor, Matthew Hicks, has agreed to fund road markings "Slow" and 'Pedestrians in Road' signage for All Saints Road to help alleviate health and safety issues when parents are walking their children to and from school. Unfortunately, the white lines along from the school to the village hall, to designate part of the road for pedestrians have been turned down by Suffolk Highways as the road is too narrow. The radar sign is on order and should be in place soon.

Noticeboard – Jacks Green

The new Noticeboard for beside the bench at Jacks Green, is nearly completed all thanks to the 'Men's Shed' in Stowmarket. Once in place please feel free to pin up your notices and information!

Red Telephone Kiosk – Jacks Green Road

Plans are still underway for the red telephone kiosk at Jacks Green to be used as an 'Information Point' for walkers, where a footpath map, along with highlighted points of interest, historical facts and information leaflets will be housed.

County Councillor's Report

Suffolk stage of 2019 OVO Energy Women's (cycle) Tour on 10 June starts in the centre of Beccles at 10.30 with 96 riders from 16 teams. The finish on Ipswich Road in Stowmarket is expected between 2.30pm and 3.10pm. Riders will tackle two SKODA Queen of the Mountains climbs and contest three intermediate Eisberg Sprints from Beccles to Stowmarket. The race continues to form part of the prestigious UCI Women's WorldTour series, which began with the Strade Bianche one-day race in Italy on 9 March.

School places.

On National Offer Day, 16 April 2019, the Council reported that it had received 7,505 applications from parents' on their choice of primary school. Over 98.6% were offered a place at one of their preferred schools. Gordon Jones, Cabinet Member for Children's Services, Education and Skills at Suffolk County Council said: *"I am delighted that we have been able to give most parents a place for their child at one of the schools they want."*

Suffolk Domestic Abuse Champions Network needs you

Volunteers are needed to join a community network of Champions to spread the message of support for those experiencing domestic abuse. The Champions will be provided with free training on how to recognise signs of abuse and link to available support organisations.

Email; dachampions@suffolk.gov.uk

Matthew Hicks - County Councillor for the Thredling Division

Tel : 01728 628176 Mob : 07824 474741

E-mail : matthew.hicks@suffolk.gov.uk

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Representations to Mid Suffolk District Council

We have considered the following planning applications:

Ref: DC/19/00970 - Application for Permission in Principle - Town and Country Planning Act 1990 - Town and Country Planning (Permission in Principle)

(Amendment) Order 2017 - Erection of 3-5 dwellings - Poplar Farm, All Saints Road, Creting St Mary, Ipswich Suffolk IP6 8PJ – No objections

Ref: DC/19/00731 - Outline Planning Application - Erection of up to 6No. dwellings (following demolition of existing house and outbuilding) - 13 All Saints Road, Creting St Mary, Ipswich, Suffolk IP6 – No Objections (whilst some members agreed with the points raised and also the vehicular access and that the application would be over-development of the village, a vote resulted in three members in support of the application and three members objecting to the application. With the Chairman having the casting vote)

Ref: DC/19/01566 - Outline Planning Application (all matters reserved) - Erection of 1no. detached dwelling with garage and new vehicular access - Land Adjacent to Whiston, All Saints Road, Creting St Mary, Ipswich Suffolk IP6 8PJ – No Objections

Ref: DC/19/01829 - Outline Planning Application (some matters reserved) - Erection of 1no. detached dwelling and vehicular access (re-submission of refused application DC/19/00077) - Land East of Highfield, All Saints Road, Creting St Mary, IP6 8NG – Object due to the poor access visibility and application on a sharp bend in the road.

Recent Planning Application Decisions

Ref: DC/19/00075 - Full Planning Application - Erection of 3no. dwellings with garages - Land South East Of, All Saints Road, Creting St Mary, Suffolk – GRANTED

Ref: DC/19/00077 - Outline Application (Access to be considered) - Erection of 1no. dwelling and garage - Land East Of Highfield, All Saints Road, Creting St Mary, Suffolk IP6 8NG - REFUSED

Ref: DC/19/00731 - Householder Planning Application - Erection of a single storey extension following the demolition of the existing single storey extension, subdivision of ground floor living room, and associated works - 28 All Saints Road, Creting St Mary, Ipswich, Suffolk IP6 8NF – GRANTED

Ref: DC/19/00732 - Listed Building Consent - Erection of a single storey extension following the demolition of the existing single storey extension, subdivision of ground floor living room, and associated works - 28 All Saints Road, Creting St Mary, Ipswich, Suffolk IP6 8NF – GRANTED

Ref: DC/19/00970 - Application for Permission in Principle - Town and Country Planning Act 1990 - Town and Country Planning (Permission in Principle) (Amendment) Order 2017 - Erection of 3-5 dwellings - Poplar Farm, All Saints Road, Creting St Mary, Ipswich Suffolk IP6 8PJ - GRANTED

Jennie Blackburn (Parish Clerk) – 01449 721369 / clerk.csmc@yahoo.co.uk
Find details of meetings and Parish Council Meeting minutes on the village web-site. For concerns or queries to the Parish Council contact Jennie Blackburn, or come along in person to the next meeting.

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DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Mental Health in Suffolk

In recent months, the challenges facing the Norfolk and Suffolk Mental Health Trust have been well publicised. Mental health services in our area need to improve.

Since the Trust was put into crisis measures (Special Measures), I have worked to ensure that health bosses are held to account and improvements made quickly and effectively.

As a practising NHS mental-health doctor, I am uniquely placed to be a critical friend of the Trust as it makes these changes, attending regular meetings with ministers and Clinical Commissioning Groups (the people with the money that funds health services) in Norfolk and Suffolk, as well as with the Trust itself.

Things do appear to be (slowly) improving. It is encouraging to see the new leadership at the Trust, with new Chair, Marie Gabriel, and Chief Executive, Professor Jonathan Warren, joining from the East London Trust, one of the most successful in the country. Their expertise will be invaluable.

There will be an extra £5.7m for psychological (talking) therapies, long-term mental health conditions like schizophrenia, crisis resolution and early intervention. The Trust is also working with local charities to improve resources relating to suicide prevention and dementia. This represents a 6.3% increase in mental health investment locally, far exceeding the national Mental Health Investment Standard. I am optimistic that these changes will help deliver substantially-improved care for patients in Suffolk.

There has been a lot of talk about restructuring: for me, this is unwanted and irrelevant. What matters is the quality of the services. I fear that splitting the Trust into three smaller units could create more problems than it solves, as the focus would be on restructuring rather than on improving the care and support for patients. I hope that our local health leaders agree.

From my medical perspective, I understand that mental health is one of the biggest challenges facing Norfolk and Suffolk. There is much to do, but I am confident that the Trust can and will be turned around.

I am pleased to be playing my part, holding ministers to account and providing a voice for those suffering from mental health issues locally. I am in the unique position to be able to stand up for the needs of mental-health patients in Suffolk, and I shall continue to do so.

Dr Dan Poulter MP Central Suffolk and North Ipswich Tel: 020 7219 7038
www.drdanielpoulter.com daniel.poulter.mp@parliament.uk

CREETING SAINT MARY WELFARE CHARITIES

The Creeting Saint Mary Welfare Charities Trust can provide assistance for those in need, hardship or distress by reason of, age, illness, unemployment, the need to continue in further or higher education.

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Grants for students who are in higher or further education.

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Grants towards funeral expenses.

Help towards cost of personal Pendant Alarms for the elderly.

The Trust is intended to benefit the residents of Creeting Saint Mary, however, in exceptional circumstances the Trustees may consider applications from persons who are resident outside the Parish.

TRUSTEES: Mr. P. Stephenson (Chair) Mr. D. Primmer (Hon. Clerk)

Mrs. M. Aldred, Mrs. P. Day, Mrs. K. Martin,

Please make any enquires to :

Mr. D. Primmer, 30 All Saints Road, IP6 8NF Telephone 01449 721514

Introducing Our new mid-Suffolk/Baburgh LibDem District Councillors Steve Phillips

I have been a Needham Market Town Councillor for over twenty years, I have five children who were all educated locally. I served in the Royal Engineers straight from school as a boy soldier, after twelve years I left and joined Suffolk Ambulance Service as a front line Ambulance Emergency Technician stationed at Stowmarket. I am now retired and live in Needham Market where I have lived for over thirty years now. I hope to see all of you when Mike Norris and I visit for coffee mornings or parish council meetings. We are happy to take on board any concerns you may have and do our very best to represent you at Mid Suffolk District Council.

Mike Norris

My family and I first moved to Needham Market in 1984, and was first elected to Mid Suffolk District Council in 1999, currently being in my sixth 4-year term. Having served on several committees, I have wide experience of District Council matters. I have also served on Needham Market Town Council during that period, once acting as Mayor. I currently lead the Highways, Lighting & Footpaths Section involved particularly with Highways England on the issue of HGV's contravening the weight limit through Needham Market. I am a member of the Neighbourhood Plan Working Group and the Town Council Property & Services Section.

My wife Sheila and myself are very much involved with community organisations: the Community Centre Management Committee, Neighbourhood Watch, the 'Access for All' initiative at the Railway Station, and Needham In Bloom. I intend to continue to represent the community of Needham Market and the surrounding area to the best of my ability.



From the Rectory

Spring has Sprung

Rev. Phillip Payne

Spring has sprung. We may still expect the odd frost but all around are the sights and sounds of new life emerging from the sleep of winter. As I type this piece, warm sunlight streams into my study. In front of the Rectory, Forsythia presents a massive burst of bright yellow cheer. Everywhere spring-flowers, blossom and cheerful birdsong brighten the day. Summer is on the way, the cycle of life roles on.

With the sound of birdsong has come another, man-made song; the sound of the lawn mower and hedge-trimmer. Like the birds and animals around us, we humans are busy tidying our nests: making good the ravages of winter, preparing for the season ahead. Planting, pruning, watering, mowing; the beauty we enjoy is sustained by hard work. Hard work has its own rewards. Exercise is good for us and there is much satisfaction from bringing order from chaos or beauty from brokenness.

Easter, when we are reminded how God brings the beauty of new life from the horrific brokenness of the cross. Sometimes good news is more of a challenge than bad. Not surprisingly perhaps, Jesus' disciples struggled with his resurrection, how could it be true? Closer to home, I recently heard a man describe how, diagnosed with terminal cancer he prepared for imminent death. Then, after treatment came the totally unexpected news that, against all the odds, all signs of the cancer had gone. He told his interviewer that at first he had found his new lease of life more difficult to come to terms with than preparing for death. It took time for the new reality to sink in and let him embrace the joy of life again.

We are beset by many challenges. Yet these challenges need not dominate our lives. Spring has sprung. New life is emerging; ready for us to embrace the opportunities it presents.



Correction.

In the last edition it was incorrectly stated that David Squirrell installed the bench. In fact he was responsible only for the cherry tree and the bulbs which are beside the bench which had already been erected by the Parish Council, initially under Ann's guidance while she was still Clerk.

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CREETING ST. MARY VA PRIMARY SCHOOL

As you may know our Year 5 and 6 pupils took part in the Virgin Money Young Enterprise Project before the Easter holidays and together raised £600 worth of profit to donate to charities and local worthy causes.



As a thank you to the village for their support the children would like to invite members of the community to help us to celebrate Age UKs 'The Big Chinwag' appeal on Friday 7th June from 1:30pm until 2:30pm in our school hall.

Please come along and join us for tea, coffee and cake and enjoy some time chatting or playing games with our 10 and 11 year olds.

Refreshments will be provided free of charge and it would be lovely to see as many of you here with us as possible.

As we approach the end of another school year we have lots of exciting events planned. We have trips to the seaside, a residential trip, school play, sports day and our **Summer Fayre on 29th June.**

Mrs Christine Friar

TERM DATES 2019

Spring Term 3 Jan — 5 Apr
Summer Term 24 Apr— 24 July
Summer Half Term 27 May—31 May
Autumn Term 24 Sep - 19 Dec
Autumn Half Term 21 Oct - 28 Oct
PD days 23 Apr, 5 & 6 Sept, 19 Oct.

Head Mrs. Christine Friar
school telephone 01449 720312
office@creetingstmary.suffolk.sch.uk
www.creetingstmary.suffolk.sch.uk

The Wider View

Hedges are Homes

Wild birds are having a tough time as the places they choose to nest (and they are sometimes very picky!) are reducing all the time. Wrens, robins, dunnocks, whitethroats, the delightful long-tailed tit, song thrushes, blackbirds, chaffinches and greenfinches all use them as well as hedgehogs and other animals. They are an important source of insects and other food. The wider and thicker the hedge the less opportunity for crows and magpies to find and raid nests. If you can see through it - so can a magpie!

It is an offence under the Wildlife and Countryside Act of 1981 to intentionally damage or destroy the nest, eggs, chicks or adults of any wild bird at any time. The RSPB recommend not cutting hedges and trees between March and August - the main breeding season.

It is an intentional act if you know there is an active nest and damage or destroy the nest or contents. If you notice hedge-cutting endangering a nest, politely point out the nest, and mention the laws protecting them. If they proceed, contact the police on 101, and ask for a reference number. You can contact RSPB Wildlife Enquiries on: 01767 693690.

Read more at <https://www.rspb.org.uk/our-work/conservation/conservation-and-sustainability/advice/conservation-land-management-advice/farm-hedges/the-value-of-hedgerows-for-wildlife#kuUpuZJOJdsGDOlf.99> and

<https://www.rspb.org.uk/birds-and-wildlife/advice/gardening-for-wildlife/plants-for-wildlife/garden-hedges/hedge-law/>



Thanks to Chris Bingley for her input on this topic

Trees round the Village

In view of the increasing alarm about the speed of climate change and the need to act now, the Parish Council would like to plant more trees around the village. The Woodland Trust and SCC are offering free trees in variety. We have to put in an order by 30th June. the varieties cover small and large trees. We would welcome any suggestions as to where trees could be planted. We can inquire if they can be put on private land if you have a suitable space on a field, paddock or even garden. If you can think of anywhere that would take a tree contact Parish Clerk, Jennie Blackburn, 721369, Email: clerk.csmpec@yahoo.co.uk asap.





CREETING ST MARY SOCIAL CLUB (CSMSC)

csm_socialclub@outlook.com

The Village Social Club

The Social Club Committee, organises community events based at the Village Hall and Blacksmith's Field. Membership of the club is open to all and the £2 'membership' fee will be returned to you as a first drink voucher.

Social Club Events at the Diamond Jubilee Village Hall

Friday 21st June - Family event with Owls, BBQ and games

Friday 19th July - Family event and BBQ

Saturday 14th September - Quiz Night

Friday 1st November - Fireworks Night

Blacksmith's Field

The Parish Council would like add to and improve the play area. If any one has any ideas for equipment or can help in any way - in the maintenance - tree planting, litter picking or ragwort pulling (so the grass can be used for hay), please get in touch with Jennie Blackburn, Parish Clerk (see contacts page).

Village Litter Pick 27th April

11 litter pickers ranging on age from 3 to 73 gathered on a dank Sunday morning. They were aided by an off-duty Jason Bloomfield, with his official waste vehicle, who was able to remove the bags we filled as we went along. He also dealt with at least one instance of fly tipping that was encountered. One of our number was a Needham Market resident.

The general feeling was that the litter was somewhat less than on previous occasions, due in part I think to some help from a number of villagers who attack bad areas when they find them.

Thank you to all those who took part on the day and before and afterwards. Concerted action should result in a longer term improvement. It was especially pleasing to see some younger volunteers.

Kathryn Martin

The Diamond Jubilee Village Hall

This is available to hire at very competitive rates. There is a bar, WIFI and a large car park. The kitchen, lounge area and a small meeting room all can be hired separately. Regular Yoga, dance classes, WI, and Keep Fit take place. Details via the Village Website *or* call Chris Bingley on 01449 720324

Village Hall Committee

Charity Pudding Evening 11th May

Around 70 hardy individuals gathered at the Village Hall, their challenge being the task of fighting their way through a galaxy of around 30 consummately cooked and superbly presented desserts ranging from Crumbles through Tarts to Cheesecakes and Puddings. After a short period of mental preparation for the arduous task ahead, Chris Bingley fired the starter's gun and this very well-honed team of competitors poured across the battlefield to engage the enemy. Custard was seen to be flying about, ably accompanied by Alder Tree Ice cream from Alder Carr Farm and the occasional drop of cream intended to help with the massive task of digesting so much fine food. After 45 minutes of hand-to-hand combat, and in a large number of cases, second and third helpings on the gourmet selection, the battered remnants of the pudding army beat a hasty retreat to the kitchen. Our trusty team was not finished yet. Valiantly they returned to rout the superb cheeses from Whitegates Farm and gave no quarter. Victory achieved, our host settled into their seats for post-match entertainment from Harbour Lights who regaled us with a range of amusing and sad folk songs in authentic Suffolk and Norfolk accents – a rare treat. A brief pause allowed for the execution of the raffle with superb prizes funded by Breheny Civil Engineering. One more bout from Harbour Lights and our army left the battle field well-satisfied with an excellent evening's work. £780 was raised to be shared equally between the RNLI and St Elizabeth Hospice. All-in-all a good days' work. Our grateful thanks to all attendees, the pudding providers and our 3 very kind sponsors.

Chris Bingley and William Barnes

Village Notice Boards

There are three notice boards in the village: at the village hall where one side is locked and is for the sole use of the Parish Council - the other side, is open for members of the public to use. The second board on Jacks Green Road is soon to be replaced by one next to the new bench. The third one is at the end of St. Mary's Gardens. Anyone can put notices on them and they can be used to advertise local events. When the Parish Clerk displays P.C. agendas and minutes she removes old notices but it isn't that often so please remove notices once the date has passed.

Polite Notice

Following consultation with the Parish Council, please could we ask that you no longer pin notices onto the black barn at No. 5 All Saints Road. The barn is soon to be refurbished and understandably the owners don't want it used as a noticeboard once painted. Thank you for your co-operation.

The Village Social Club
Family event with BBQ and games
Friday 21st June in the Diamond Jubilee Hall.
from 2.30 till evening

2 half-hour sessions to meet and learn about owls
followed by games, BBQ and bar.

At 2.30 Falconer, Steve from Stonham Barns Owl Sanctuary will give a talk to children from the Village School about raptors and will hold a second session at 3.00. Anyone is welcome to either session.

BBQ and games run from 3.30 ending at 6.30

The Bar will be open into the evening.

The event on May 17th was so successful, we hope you will come again.

SAVE THE DATE!

CREETING ST MARY SOCIAL CLUB

QUIZ NIGHT

SATURDAY 14TH SEPTEMBER 2019 7.00 - 11.00 p.m

DIAMOND JUBILEE VILLAGE HALL

QUIZ WITH 2 COURSE MEAL INCLUDED (BAR AVAILABLE)

team up with family & friends & enjoy a general knowledge quiz

*TEAMS OF 4-6

*PRIZES FOR WINNING TEAM

£10 PER PERSON

FOR MORE INFORMATION

PLEASE CONTACT JACQUI MANN ON 07885 468751, OR EMAIL

csm_socialclub@outlook.com

DATES TO REMEMBER

CSMSC Family event with Owls, BBQ and games Friday 21st June from 2.30p.m. and again on July 19th details tbc.

CSM School Summer Fayre 29th June.

Roy Tricker - History of St. Mary's Church, at the church, Tuesday 16th July 7p.m.

NEWSLETTER DEADLINE - 20th July for Aug / Sept edition

Ballroom and Sequence Dances at Diamond Jubilee Hall:

29th June : Michael and Sylvia

27th July : David Last

CSMSC Quiz Night with meal Saturday 14th September, 7.00 - 11.00p.m.

'Blooms and Veggies' Harvest Festival Weekend

21st and 22nd September 2019 St Mary's Church. Details to follow.

Village Social Club Activities

It has been a busy time for the club this last two months. The bar is run by Social Club volunteers and In April opened for the very enjoyable production of the Eastern Angles' The Tide Jetty' and was busy all evening. This was followed by the Pudding Evening organised by Chris Bingley and William Barnes as a fund-raising event for the RNLI and St Elizabeth's Hospice.

Close on the heels of puddings came a barbecue and games evening for the younger members of the community, ably run by Rob and Val Brittain and many helpers. This proved to be the busiest event of the year so far for the bar, when the 80 or 90 people of all ages slaked their thirst after the exertions on the field. A collection of donations in lieu of payment for food was made and raised £150 given to the new Blacksmith's Field fund for more play and fitness equipment to suit all ages. The regular carpet bowlers were not deterred by the unusual invasion of their normally tranquil space and willingly shared it and took advantage of the bar.

At all these events the social club committee members pulled together so that the burden was shared. I would like to thank all involved.

Kathryn Martin Social Club Chairman

Blacksmith's Field Fundraising Committee

In 2014 we completed a survey and held an open day at the Village Hall to obtain feedback on recreational equipment that the community would like to see installed. In 2016 through various fundraising events, generous donations from local businesses and the National Lottery we completed phases 1 and 2 of the 5 year plan which saw the new playground equipment being installed. We are now planning phase 3 of this project which is looking to install exercise equipment, a fitness trail or a multi sport hardcourt.

Various organizations like Community Action, Sport England and Active Villages could support such projects but we need as much feedback from the local community as possible. We have set up a Fit Villages consultation form on the Suffolk website which has been circulated to current Social Club members, so please spread the word across Creting St Mary:

Live form online: www.activesuffolk.org/forms/view/

Please don't forget the village Summer get togethers on Blacksmith's Field on June 21st and July 19th; look out for the posters and social media updates. We are also considering a kids or family boot camp to compliment the very popular exercise classes that run at the Village Hall, so it would be great to assess interest through this survey.

Rob Brittain Fundraising Committee rob_brittain@hotmail.com



CHURCH SERVICES

St. Mary's Church,
Creting St Mary

St. Peter's Church
Creting St. Peter



The new pattern of service times continues for June and July, being shared with Creting St Peter. This has been working very well, and we are getting used to the new times. On the last Sunday in June you will have the opportunity to visit the very unusual and attractive little church: All Saints at Crowfield for the 8-Parish Holy Communion as it is a fifth Sunday, at 10 am. There will also be an Evensong at either Stonham Parva or Earl Stonham at 6.30 pm.

2nd June Creting St Peter : Prayer & Praise 9.30 am

9th June Creting St Peter : Prayer Book Communion 11am
(Whitsun – Pentecost)

16th June Creting St Mary : Morning Prayer 9.30 am

23rd June Creting St Mary : Holy Communion at 11 am

30th June Crowfield : 8 Parish Communion 10 am

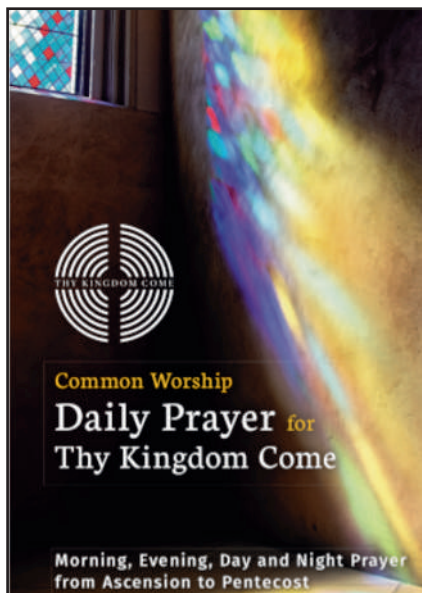
7th July Creting St Peter : Prayer and Praise 9.30 am

14th July Creting St Peter : Prayer Book communion 11 am

21st July Creting St Mary : Morning Prayer 9/30 am

28th July Creting St Mary : Holy Communion 11 am

For further details on services in Coddendam, Creting St Peter, Crowfield, Earl Stonham, Stonham Parva, Gosbeck, Hemingstone, Stonham Aspal and Mickfield contact *Priest-in-Charge Revd. Philip Payne* 01449711684 Email: revphilippayne@btinternet.com



Thy Kingdom Come

1 June - 6.30pm - Creting St Peter

Mon 3 June - 6.30pm - Crowfield

Tue 4 June - 6.30pm - Creting St Mary

Wed 5 June - 6.30pm - Earl Stonham

Thu 6 June - 6.30pm - Hemingstone

Fri 7 June - 6.30pm - Gosbeck

Sat 8 June - 6.30pm - (followed by bring and share meal) - Stonham Aspal

Other Churches' Services:

Sun 30 June - 1000am - 8 Parish Holy Communion - Crowfield

Sun 30 June - 6.30pm - Evensong - Earl Stonham - (Stonham Parva church closed).
Roy Tricker to preach

St Mary's Church Roof Appeal

In 2015 we identified the need to reroof St Mary's church. Splitting the work into 2 phases, the north aisle was re-roofed in the spring of 2017 at a cost of £34,000. £27,500 was raised through specific local donations, fund-raising, and money that had been given to us over the years to spend on the fabric. Only £6,500 came from grants from foundations and trusts.

We now need a further £46,000 to complete the work; re-roofing the north slope of the nave, the porch and the organ area. So far, we have raised £10,000 from grant-funding applications, and a further £6,500 from local giving and fund-raising. We also expect to make another major commitment from our Fabric Fund (which will leave little for other work. All this is in addition to funding our daily running costs.

St Mary's Church has served the community for centuries: a place of worship, a place to celebrate life, a place to find rest and peace. It is also a place to grow, with the village school regular and frequent users.

The building is Grade 2* listed which brings its own joys and liabilities.

Above all, as with previous generations, we are guardians not owners. The roofing and associated work we are undertaking should ensure that the building stands to serve the Community of Creeping St Mary for future generations. If anyone would be willing to help with this effort, with however small an amount, we would be very grateful. You could send me a cheque (made out to Creeping St Mary PCC), to Creeping Hills Farm, IP6 8PZ, or e-mail me at davidshaynes@yahoo.co.uk and I will provide bank details. Thank you so much if you can help - I can provide a gift-aid form on request.

David Haynes, PCC Treasurer, Creeping St Mary

Church History Evening St Mary's Church, Creeping St Mary Tuesday 16 July at 7 p.m.

This replaces the talk by Clive Paine 14th June advertised in the last edition Roy Tricker, a very well-qualified expert on Suffolk's churches, has kindly agreed to provide us with an evening's guide to the history and architectural features of St Mary's Church. It promises to be a fascinating evening. Refreshments will be served.

The cost is £10 per person (children free), and the proceeds will be shared between the Church Roof Fund and Suffolk Historic Churches Trust.

This event continues the Village's current "history" theme, and we hope many, both from Creeping St Mary and from surrounding areas, will be able to come along to appreciate our historic building, which is listed Grade 2*.

Tickets are available from David Haynes on 07729 505291 or Glynis Clint on 01449 720740.

David Haynes - PCC Treasurer

Suffolk Churches Ride and Stride, Saturday 14 September 2019

As I write this piece for the Village Magazine, the people of Paris are assessing the terrible damage to Notre Dame. Because of its national and international status, donations and offers of help to restore this iconic building have poured in. But what does our village's iconic building – St Mary's Church mean to you?

Long before we were residents of Creeting St Mary, we recognised our lovely church from the A14. Standing proud above the Gipping valley, it became a landmark for us, especially at Christmas when illuminated. Thankfully, in this case by a warm and welcoming, steady light.

If you value your church, please consider taking part in the annual Suffolk Churches Ride and Stride.

Sponsorship is pledged for cycling or walking between our beautiful, historic churches. Many of which, like St Mary's, need continuing support from Suffolk Historic Churches Trust if they are to survive for future generations. Just £5 or £10 of sponsorship makes a difference. Why not consider a family bike ride to two or three churches locally, or a walk from here to Earl Stonham or Stonham Parva. Of course, the contributions of our long standing, long distant cyclists continue to be much appreciated.

Please get in touch if you would like a sponsorship form.

Hazel or Bill Mackintosh 01449 720753

Appeal for War-time Memories

Can anyone help? I am researching for a book illustrating the impacts of the Second World War on the people of Suffolk. Did you or a relative serve in the Armed Forces or in Emergency services like A.R.P, Fire Watching, the Land Army, Home Guard, Nursing or Munitions? Were you an evacuee in Suffolk? Do you remember the thousands of American GI's or PoW camps? If you have a story to tell or any letters, photographs or documents illustrating war-time life in Suffolk, then please get in touch...

Please call Mr Christopher Pattle on 01359 233217 or

email; chrispattle18@gmail.com



Christian Aid tea afternoon.

on 8th May in the Church Vestry, despite terrible weather and the road closed by the Church for half the afternoon we had a very sucessful get together. Lots of people came plus six children which was great.

Thank you to everyone who helped, baked cakes, brought items for the bring and buy table and donated plants. So far from the tea afternoon and donations we have collected £300 for CA.

Footpaths and Bridleways

At the end of March I received an acknowledgement from Suffolk County Council regarding a broken FP sign that I had reported a week or so earlier. It was sited at the junctions of FPs 20, 21, 22 and 34 (the path from All Saint's Road towards Creting College Farm) but unfortunately it has not been replaced yet.

The landowner across whose land FP19 crosses, has made an application to divert it. FP19 currently leaves All Saint's Road at the beginning of the double bend on the north-east side of the solitary detached house known as Highfields and runs diagonally down the field to the gate at the bottom to join FPs 20 & 18. The route of the diversion will not prevent access to the lower field. The proposed route is to leave All Saint's Road on the north-west side of Highfields and run, fairly straight, down to FPs 20 & 18, via the existing gate.

Please let me know if you have issues about any footpath in the parish and remember that a map of all the paths can be seen on the board outside the Diamond Jubilee Village Hall and on the one just off the footpath at Hawks Mill beside the river (near the entrance to Alder Carr Farm).

Paul Scully May June 2019

Tel: 01449 721461 e-mail: paul@impressions41.plus.com





A BIT OF HISTORY

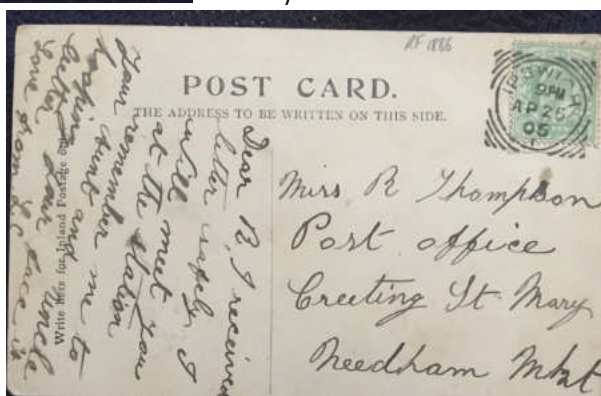
I have reproduced below two picture postcards from Creting St Mary resident, Kim Barker. The first, addressed to Miss J. Calver, The Watering, Creting, Nr. Needham Market, Suffolk, was stamped on September 15th 1904 and postmarked Weybridge. The second, addressed to Miss R. Thompson, Post Office, Creting St Mary, Needham Market, was stamped on April 25th 1905 and postmarked Ipswich. Postage for each card was a ha'penny stamp.

The reverse of the first carries a photograph of Christchurch Mansion Ipswich & the second, Stonegate Street, York.

So, who were the two ladies to whom the cards were addressed? Well, I've browsed the Creting St Mary 1901 census on the



chance that I may find them there, 3 or 4 years before; unfortunately I can find no match for either. However, I did find an Esther Thompson. The census record shows that she was in residence at The Post Office and her relationship with the "Head of Family", Elijah Harvey, was "niece". Her age was 12 and no occupation was recorded.



Creeting St. Mary Women's Institute

Have you considered joining the WI?

Do you want to socialise and make new friends?

We would love to see you at our meetings held at the Village Hall at 7:30pm on the second Wednesday of the month. unless otherwise stated.



We are a friendly WI who welcome members from a wide area. Refreshments are enjoyed after our meetings. We also have walking, lunch and patchwork groups. If you would like to drop in to one of sessions, give me a ring. *Hazel Mackintosh 01449 720753*

Creeting St Mary WI recent and coming events

For our Birthday Meal in April, Members enjoyed an evening meal at the Cedars. We had a small raffle and were able to send a donation to the Blossom Appeal, the charity supporting the new breast care centre at Ipswich Hospital.

Our May meeting was a Games Evening - in particular, Indoor Kurling, which fits very well in our Hall. There was also much chatter over refreshments, and a very relaxed evening was enjoyed.

In June we will be visiting Whitegates Farm, in the village, to meet the herd of Guernsey cows and see the cheese making operation.

Chris Bingley

A Bit Of History continued ...

Was she related to the postcard addressee, Miss R. Thompson? Who knows? If you know of any Calvers or Thompsons in Creeting, please let me know.

In 1901, not many homes had names or numbers but each family unit was recorded on the census schedule. Several families had "The Post Office" as their address. One assumes that they would pop in to collect their mail. One name that appeared on the census quite regularly was Rivers. If that's your name, then you may have family links in Creeting St Mary. In fact, the elderly Maud Rivers was living in my present home in the 1960s

Last month's picture puzzle was fairly easy – looking over the field towards St Mary's Church in the background and taken from a point just north of where the bridge is over the A14 in All Saint's Road. Probably taken in the early 70's ahead of the new A45 bypass.

Paul Scully May/June 2019

Tel: 01449 721461 e-mail: paul@impressions41.plus.com

Page 25 Jun / Jul 2019



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Stowmarket Wildlife Group - Suffolk Wildlife Trust

We are volunteers who care deeply about wildlife, for its beauty and diversity and importance to everyone's existence. We support the Trust's aims and vision for a Living Landscape - with nature reserves, Sites of Special Scientific Interest and County Wildlife Sites

forming networks of linked-up habitat.

We look after local wildlife reserves: Work parties maintain Combs and Bonny Woods

SWT Magazine is delivered to local members, saving postage costs.

We organise local events: talks at Stowupland village hall and guided walks. The complete programme can be downloaded from

www.suffolkwildlifetrust.org/wildlifegroups

or contact John Thompson 01449 676471 swtstowmarket@gmail.com

Bonny Wood Barking Tye

The dry weather has helped us to get on well with our winter work programme and the volunteers have cleared around the pond and created more scalloped ride edges to let in the sunlight. Richard Cage and his Virgin Media colleagues have done a great job in widening the ride we share with James Buckle's part of the wood and now it is all done it looks fabulous.

A significant milestone was passed in February when the Mid Week Team coppiced the compartment by the field entrance: it was last done in the late 1980's and this is the first area to be recut under the Suffolk Wildlife Trust's stewardship of the wood. The hazel regrowth was really strong and it is great to see the wood really getting back into the cycle of coppice management with all the benefits for wildlife such as dormice, woodland birds and butterflies that this brings. The management plan for Bonny is now up for revision and we look forward to bringing more of the wood into coppice rotation, cleaning out the pond again and continuing to improve the rides so they are more attractive to wildlife.

EVENTS

BACK TO BUTTERFLIES with Neil Dickinson replaces The RURAL AND WILDLIFE CRIME talk on Wednesday 26 June.

This is Neil's personal story of how a boyhood interest in butterflies was renewed later in life and explains why. The talk contains surprises and humour, but is also thought provoking because of its wider context.

The talk will take place at Stowupland village hall at 7.30pm

Admission is £2.50 including refreshments. The complete 2019 programme can be downloaded from www.suffolkwildlifetrust.org/wildlifegroups or by email John Thompson - 01449 676471 - swtstowmarket@gmail.com



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Needham Market and District Horticultural Society

If you enjoy gardens and growing, then consider joining us in 2019.

We are a friendly group that meet at Needham Market Community Centre on the first Thursday of the month at 7:30pm.

Meetings run from February to December with an August break. Outings (open to members only and prebooking is required) are in May, June and July when gardens are at their summer best and there is a harvest supper in October. Our membership fee is £5 p.a. and you can join at any meeting.

Next meetings:

June 6th - Butterflies and Garden Plants to attract Them

July 4th - Ferns - 50 Shades of Green

September 4th - Weeds

Outings :

July 18th - Woburn Abbey Gardens

<http://www.nmdhs.onesuffolk.net/>

Joint Events Organisers: Pamela Cook, 01449 768640

Hazel Mackintosh, 01449 720753

Sudoku - tricky

Like a harder one? Let us know.

Complete the grid using the numbers 1-9 using each number only once in each row, column or 3x3 box.

Solution on Page 29.

7			1					
1	4						8	9
		8	3	4				
4	5			1		8	3	
			8		4			
	2	6		7			4	1
				3	2	4		
6	3						7	2
				1				3

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Creeping St Mary Neighbourhood Watch

Police are appealing for information following a burglary in Stowupland in Church Road. a home was broken into between 4pm Sunday 10th and 1.20pm Friday 15th March. The rear UPVC door was forced and the handle snapped off. Nothing appears to have been stolen. If you noticed any unusual activity nearby during these times or have any information about this burglary, please contact Suffolk Police on 101 quoting crime reference 37/14817/19 or use the online crime reporting link - <http://www.suffolk.police.uk/contact-us/report-something>.

Security advice can be viewed via the Suffolk Police website

https://www.suffolk.police.uk/sites/suffolk/files/homesecurity_0.pdf

Help us keep our communities safe. Police advice on a variety of subjects can be accessed via <https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use the link <http://www.suffolk.police.uk/contact-us>

To report something anonymously call Crimestoppers on 0800 555 111 or visit www.crimestoppers-uk.org or call 101 for non-urgent matters.

Always call 999 in emergencies,
or if an immediate police
response is required.

The Police Connect Team



POLICE CONNECT
Keeping you informed, keeping your community safe

Stowmarket Chorale's Summer Concert
'Shakespeare meets Jazz'

Saturday 15th June
The United Reformed Church, Stowmarket, 7.30pm.

"All the world's a stage" for Stowmarket Chorale now enthusiastically rehearsing for their summer concert. Tom Appleton is keeping everyone on their toes with a hey and a ho and a fa-la-la-la, and "If music be the food of love", then this concert promises to be uplifting and entertaining.

You will hear Rutter's 'Birthday Madrigals' and Shearing's 'Songs and Sonnets', full of the spring, romping love stories, flowers and melodious birds, accompanied by jazz piano. We have also some favourite Shakespeare lines to share with you.

So, "Live a little; comfort a little; cheer thyself a little" and come along!
Tickets cost £15 from www.stowmarketchorale.org.uk, on the door,
or telephone 07901 758009 to reserve your ticket.

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I'm 3 months pregnant and just beginning to show, so last week I thought I'd sit down with my manager and let them know before any speculation could take place. My manager was really happy for me, but this week I've been pulled aside and told they're letting me go due to poor performance. I've worked here for 2 years and never had any negative feedback so I don't understand. Could they be sacking me just for being pregnant? Is this legal?

No matter how long you've been working for your employer, being fired because of pregnancy-related issues, is automatically classed as unfair dismissal.

Although your employer said you were being sacked for poor performance, you're right to be suspicious as this only came to light after you told your manager about your pregnancy. If your employer says your dismissal has nothing to do with you having a baby, you will need to prove that it was. You can ask your employer to send you written reasons for your dismissal.

As you have been employed for two years, your employer can only dismiss

you for specified fair reasons, such as gross misconduct or persistent poor performance. Except in the most serious cases of gross misconduct, your employer will be expected to follow a fair process and show the dismissal was for a fair reason.

If you want to challenge the dismissal, you can take your case to an employment tribunal. You should first raise a grievance with your employer and contact the Advisory Conciliation and Arbitration Service about Early Conciliation. Be sure to act quickly as time limits in employment tribunals are short.

It's in your best interest to gather as much evidence as possible in case the problem can't be resolved without going to tribunal. This includes emails with your employer about your pregnancy, previous performance appraisals, and correspondence about you being dismissed. The new Citizens Advice Discrimination Toolkit, found on their website, can help you with this.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, housing, benefits and family law. You can contact them on 01449 676060 or go to the Advice Centre on 5 Milton Road South, Stowmarket. For more information and our opening hours go to midsuffolkcab.org.uk.

RAINFALL AT C.S.M. 2019.

Month..	Rain in mm.
<u>APRIL</u>	<u>9.0</u>
Last Year	9.0
Total for 2019	103.5
Second April drought on the trot	
Driest since 2007	
Rolling Total April 2018 -April 2019	443.0



Where do you find Vikings fighting on a Sunday morning?

VET'S ADVICE

Unwanted guests: Dealing with fleas and ticks

After a recent spell of hot summer weather, fleas and ticks are rife, so it is important to treat your pet if you haven't done so already.

Flea bites are uncomfortable, sore and itchy – for us as well as our pets – but they can cause more severe skin problems for pets with flea allergies. Flea infestations can sometimes even cause anaemia due to the blood loss, with very serious consequences. Once an infestation takes hold in the home, it can be difficult to get rid of and you will often need to treat the house as well as pets.

Meanwhile, ticks transmit bacteria that can cause diseases including Lyme disease and babesiosis. Ticks live in long grass, woods and moorland areas near deer and sheep. To help protect yourself on dog walks, wear long-sleeved tops and tuck trousers into socks. At home, check your clothes and your pet for ticks.

If you find a tick on your pet, it is important to remove it as soon as possible to reduce the risk of disease spreading. Do not squeeze the tick's body, as this may increase the risk of infection. There are special tools for tick removal that you can buy from your vet, but it is important that they are removed effectively to avoid the head of the tick remaining in the skin, which can cause an abscess to form. If in doubt, go to your veterinary surgery and a nurse can remove the tick safely.

When it comes to fleas and ticks, prevention is better than cure so it is important to keep up-to-date with a good quality flea control recommended by your vet. There are various different types of treatment, including a spot-on for cats and a chewable tablet for dogs that will protect against fleas and ticks for up to 12 weeks. These are only available from your vet.

Lots of products are available to buy in pet shops and supermarkets, but it is best to see your vet, as prescription-only flea and tick treatments are far more effective. If your pet already has fleas, you will also need to treat your home by vacuuming thoroughly and washing any bedding or other fabric that may have been exposed to fleas at 60°.

If you would like to discuss the best flea and tick treatment for your pets, please contact us at Stowe Veterinary Centre: 01449 613130.

Sudoku solution (pg. 25)								
7	6	2	1	8	9	3	5	4
1	4	3	6	2	5	7	8	9
5	9	8	3	4	7	2	1	6
4	5	9	2	1	6	8	3	7
3	7	1	8	9	4	6	2	5
8	2	6	5	7	3	9	4	1
9	1	5	7	3	2	4	6	8
6	3	4	9	5	8	1	7	2
2	8	7	4	6	1	5	9	3

GENERAL INFORMATION AND CONTACTS

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(Advertising rates are on page 35)

Distribution: Kathryn Martin (01449) 720491

Newsletter deadlines: the 20th of the months of:

September (Oct-Nov edition i.e early December and Christmas events)

November (Dec-Jan edition)

January (Feb-Mar edition)

March (Apr-May i.e. Easter)

May (Jun-Jul i.e. all those mid- summer events)

July (Aug-Sep - the summer holiday events)

Creeting St Mary Parish Councillors

Name	Portfolio
Sue Haynes	Chair - 01449 722570
Roger Coton	SALC - 01449 721526
Nigel Smart	Village Hall Management Committee - 01449 720100
Paul Scully	Footpaths and Bridleways - 01449 721461
Jan Palmer	Blacksmiths Field - 01449 723997
Hugo Craggs (Vice-Chair)	CiL and Sustainability- 07815137228

To contact any of the parish councillors, please, contact the Parish Clerk first

Parish Council Clerk : Jennie Blackburn - 01449 721369

or email: clerk.csmpc@yahoo.co.uk

Meeting agendas and dates are placed on the village noticeboards during the week prior to the meetings, and also on the website.

Creeting St Mary Website

Alastair Rogers: (01449) 720580 a.s.rogers@qwic.co.uk;

www.creating-st-mary.suffolk.gov.uk



Diamond Jubilee Village Hall Hire:

Richard Hyde Tel: (01449) 720024; creetingjubileehall@gmail.com

Creeting St Mary Social Club: csm_socialclub@outlook.com.

Creeting St Mary Neighbourhood Watch Representatives:

Bill Mackintosh: (01449) 720753

Sue Haynes: (01449) 722570

Creeting St Mary Footpaths Paul Scully 01449 721461

e-mail: paul@impressions41.plus.com

Creeting St Mary Welfare Charities Mr. D. Primmer, 30 All Saints Road,
Creeting Saint Mary, IP6 8NF 01449 721514

County Councillor for the Thredling Division: Mathew Hicks

Tel: (01728) 628176 ; matthew.hicks@suffolk.gov.uk' Twitter: @HicksCllr

Mid Suffolk and Baburgh District Councillors:

Mike Norris - mike_norris@hotmail.co.uk 01449 720871

Steve Phillips - steve.179@icloud.com 01449 721710, mob. 07794823323

Member of Parliament for Central Suffolk and North Ipswich

Dan Poulter Tel: (01728) 726588 ; daniel.poulter.mp@parliament.uk

Twitter: @drdanpoulter

PARISHES:

Creeting St Mary, Coddendam, Creeting St Peter, Crowfield, Earl Stonham,
Stonham Parva, Gosbeck, Hemingstone, Stonham Aspal and Mickfield

Priest-in-Charge Revd. Philip Payne 01449711684

revphilippayne@btinternet.com

CSM Newsletter – Advertising Costs

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1/2 page - £15

1/4 page - £10

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Series of 6 adverts:

Full page - £108.00 (inside) / £125.00p.a. o
(outside)

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1/4 page - £48.00

1/8 page - £24.00

An editorial piece about your business

(approx 100 words) can be put in annually.

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