Volume 38/1 Feb 2020/March 2020



Look out for these spring flowers - do you know any of them? A good food source for insects early in the year

The Creeting St. Mary Newsletter



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Editorial Comment 2020 - and its All Change

A new year, a new decade and the UK has a new position in the world. A bit like the hopelessness of trying to affect the passing of time, we may feel momentous events overtake us. However we can take control and by participating can influence the changes going on around us.

People in the village have been effecting change: vehicle activated speed signs and new road signage should make walking through the main part of the village safer; as well as the defibrillator in the telephone box at Jack's Green, where walkers can also find maps and local information. We should be glad to know that the Fire Service is up to scratch with its 'good' effectiveness rating and there will be 168 new Special Educational Needs and Disability (SEND) places throughout Suffolk. No-one relishes Council tax increasing but we do get a lot for our money and it is up to us to scrutinise if it is well-spent. We should welcome and keep an eye on the reserve of £500,000 set aside for 2020/21 to tackle climate change.

Things will be improving down at Needham Lake with the proposed new visitor centre - the East of England's most visited free attraction — and within walking distance of much of the village. It is hoped that the new ramp and improved access to the southbound platform at Needham Market station will go ahead (see p.12) This is definitely something you can influence by attending the regular meetings to ensure progress is made.

There are a lot of houses proposed for the village bringing in new people which will certainly change things – we must make them welcome and included. All the trees planted will change the look of the village, provide much-needed habitat for wildlife as well as help with the environmental problems facing us – of course there is always more to do and you can help by making your gardens more wildlife-friendly connecting up the areas of trees to provide wild corridors. Don't forget to join in the litter pick on 15th March! There are so many things going on locally there is no excuse not to change your activities if you want to

So take a bit of time to look back over the last year as Rev. Payne suggests – and even the last decade and take stock of what was good and what needs to be worked on– and we can all influence change for the better.

Thanks to co-Editor Kathryn Martin, newsletter deliverers, contributors and advertisers.

A very Good New Year to all

Joan Hardingham co-Editor



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CREETING ST MARY PARISH COUNCIL NEWS

Traffic Calming - through the village

You will see that on All Saints Road towards the school from the Village Hall, extra signage (pedestrians in road) has been installed and also an extra 'slow' has been painted on the road. We hope that these help in slowing motorists down especially during times when children are walking to and from the school. The Vehicle Activated Speed Sign (VAS) has been installed at Jacks Green along with a solar panel unit and is operational. Residents have reported that the sign appears to be doing its job as motorists are slowing down when driving along that stretch of Jacks Green Road. The location for a second VAS site is still being negotiated with the Speed Management Team for All Saints Road. The Parish Council plan to have this in place asap.

Red Telephone Kiosk – Jacks Green Road

The Defibrillator has now been installed inside the red telephone kiosk and is ready to be used if needed. To obtain the code to enter the cabinet in an emergency, users should ring 999 and follow instructions.

Also, in the telephone kiosk information boards have been installed with walks and footpaths being clearly marked. We think this is an excellent asset to help walkers with their routes and places of interest pointed out along the way! Thank you to Cllr. Scully for all his work on this project.

Trees

You will probably have noticed that many trees have been planted at various locations around the parish. These have been trees given free of charge from The Woodland Trust to encourage more trees to be planted as a way to help global warming. The Parish Council would like to thank all those involved in planting them.

County Councillor's Report

Suffolk Fire and Rescue Service rated "Good" in Government inspection Suffolk Fire and Rescue Service has been rated "Good" for its effectiveness, efficiency and how well it leads and manages its staff. The findings come from a report published on 17 December by Her Majesty's Inspectorate of Constabulary and Fire & Rescue Services (HMICFRS), who inspected Suffolk's service earlier this year. Inspectors reviewed every aspect of the service, from how we respond to 999 emergencies, to looking at policies and interviewing a wide range firefighters and staff. The report praised many aspects of the service, particularly how well it collaborates with other emergency services and agencies, how it responds to fires and other emergencies, how it ensures fairness and promotes diversity, and the financially sound way the service is run. The 'Good' rating we have been given is pleasing and positive for our first inspection. This is down to the hard work and dedication of all our staff. I know from regularly speaking to firefighters and staff, that the service is in good hands, and Suffolk is a safe place to live and work. There is always room for improvement, and we will continue to work on these areas highlighted in the report.

New SEND provision identified - 168 additional spaces from September 2020 Suffolk County Council is now in a position to provide further information regarding the new Special Educational Needs and Disability (SEND) units



Found

in St. Mary's Rd spectacles in cloth case Contact Paul Scully 01449 721461

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attached to mainstream schools in the county. The authority is very pleased to announce that, following a thorough evaluation process, a number of suitable schools have been identified to develop:

Two Generic Key Stage 1 Units – Pipers Vale Primary Academy and Burton End Primary Academy; Three Communication and Interaction Key Stage 2 Units – Murrayfield Primary Academy, Houldsworth Valley Primary Academy, and Causton Junior Schoo one Cognition and Learning Key Stage 2 Unit — Clements Primary Academy; Three Communication and Interaction Key Stage 3/4 Units – Copleston High School, Ixworth School, and Newmarket Academy One Cognition and Learning Key Stage 3/4 Unit – Castle Manor Primary Academy. In total, this means an additional 168 new specialist placements will be available for children and their families in Suffolk from September 2020, on top of existing specialist provision. Successful schools are currently working with the council to ensure the appropriate infrastructure and support is in place to enable these new units to be open in September 2020. A further commissioning round will begin in Spring 2020 and will consider further expressions of interest from mainstream schools who hope to open units in September 2021. This will include targeted work from our provider development team in areas of the county where gaps have been identified to ensure we are able to offer local provision for our children and their families. We are delighted with the interest shown by our mainstream schools and would like to thank all those who came forward wanting to work in partnership to deliver this provision. The council is very pleased to work in partnership with the Suffolk Parent Carer Network and a spokesperson for the Network, said: "The development of new specialist education placements is something that SPCN continue to be involved in at all stages, with the parent carer voice & feedback we have received being an integral part of the specialist unit provision process. To see so many providers coming forward saying they want to be part of the solution gives us real hope that we are now on our way to having an education offer that meets the needs of Suffolk's most vulnerable learners and we look forward to working alongside all partners in the future developments of the Capital Programme." David Waters jailed for 2 years and 8 months for misleading vulnerable customers On 19 December, Suffolk businessman David Waters (of Manwick Road. Felixstowe) received a 32-month custodial sentence. He has also been banned from being a company director for 10 years and been made the subject of a criminal behaviour order, which prevents him from selling any products in a person's home and any involvement in a mobility aid company. His company, Anchor Mobility Ltd, was also fined a total of £15,000 for 15 counts of unfair commercial practice, following a successful prosecution by Suffolk County Council's Trading Standards. Mr Waters failed to fulfil orders and refused to refund customers in his position as sole director of Anchor Mobility Limited, a company meant to provide life-improving furniture to vulnerable and elderly people. Instead, many customers received no goods, no refunds and poor customer service. One customer paid over £8,000 for two beds, which were never delivered, and no refund was ever received. A

hearing to consider compensation for victims will take place in the new year.

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District Councillor's Report

Council Tax – 2020/21 Budget: The first draft of Mid Suffolk District Council's budget for 2020/21 will be considered by councillors later this month, including a 1.66% increase in its share of Council Tax, adding £2.76 a year to the bill of a Band D Property, equivalent to just over 5p per week. The budget will be considered by Mid Suffolk cabinet members on Monday 13th January and by Overview and Scrutiny on Thursday 16th January. It will go to Full Council in February, if approved, will come into effect on 1st April 2020. Headlines include:

A proposed increase of 1.66% to Council Tax, equivalent to just £2.76 over the course of a year for a Band D property (increases range from £1.84 per annum for the smallest Band A property to £5.54 for the largest Band H property). No change in the Council Tax Reduction Scheme that sees poorest residents pay just 5% of their bill. A change to empty property discount, reducing the period that unoccupied and unfurnished properties pay discounted Council Tax from three months to 28 days, in order to bring empty properties in the district back into use. After four years of government-enforced reductions, the council is also proposing putting up council house rents by 2.7% - meaning a £2.19 per week increase for tenants. Sheltered housing tenants also face an increase of £2 a week on their bills plus a 62p a week increase to their utility bills. A reserve of £500,000 set aside for 2020/21 to tackle climate change.

Mid Suffolk and Babergh District Councils and on Council Tax fraud – whilst helping those in need: At a Mid Suffolk Cabinet Meeting on Monday 6th January it was resolved that penalties be introduced to tackle Council Tax fraud, alongside a new protocol to help those in genuine need, and the adoption of the Citizens Advice Council Tax Protocol. Mid Suffolk and Babergh District Councils have a statutory duty to collect Council Tax across their districts, which is then divided between Suffolk County Council, the Suffolk Police and Crime Commissioner, the districts themselves, and the local parish or town councils. The new penalties policy will give the councils the option to issue an initial penalty of £70 to anyone refusing to meet requests to supply legally required information, or failing to let the council know about changes in their circumstances which would affect their entitlement to a discount, exemption or Council Tax reduction.

Next phase in development of Needham Lake visitor centre and café

Next phase in development of Needham Lake visitor centre and café Plans for a £600,000 visitor centre/cafe at Needham Lake have been approved and a local operator selected to run it. Plans for the new centre which will function as a community event space, café/restaurant, and feature a Changing Places facility (fully accessible toilet), were granted planning permission at a 11th December 2019 Mid Suffolk Development Control meeting. The centre with its proposed facilities will improve the offer to visitor and residents at the East of England's most visited free attraction. Additionally, the local economy will benefit with the provision of a new community venue and more outdoor leisure activities. 127 Trading Limited, a trading entity of The Mix, Stowmarket, has been selected as preferred tenants of the centre. They will manage the day to day running of the centre and café/restaurant on a ten-year lease. Working in partnership



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Opening February 2020

We are excited to announce that we will be opening a new butchery in the farm shop in February.

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Barn Cafe | Plant Centre | Pottery & Gift Shops Nature Trail | Picnic & Play Area | Farm Animals

Alder Carr Farm, Creeting St Mary, Ipswich, Suffolk, IP6 8LX. www.aldercarrfarm.co.uk 01449 720820 farmshop@aldercarrfarm.co.uk

with the community they will offer a variety of refreshments, a seasonal menu and a range of events and activities including evening events. The next phase of the development will be the appointment and selection of a contractor. Following the tender process works are proposed to start in spring 2020. **Improved access to Needham Market railway station:** Meetings are continuing to be held involving Network Rail, MSDC and SCC officers, with the aim of improving the access to and from the Ipswich bound platform. Mid Suffolk and Network Rail are currently jointly funding a feasibility study.

Planning Applications Considered

Ref: DC/19/04868 - Outline Planning Application (some matters reserved-access and layout to be considered) - Severance of garden and erection of 2No dwellings - Orchard Haven, All Saints Road, Creeting St Mary, Ipswich Suffolk IP6 8PJ – No Objections.

Ref: DC/19/05256 - Application for Pemission in Principle Town and Country Planning Act 1990 - Town and Country Planning (Permission in Principle) (Amendment) Order 2017 - Erection of 2No Dwellings - Land To The North Of, All Saints Road, Creeting St Mary, Suffolk – OBJECTED as a Green Field Site. Ref: DC/19/05861 - Outline Planning Application (Access to be considered all other matters reserved) - Erection of 1no. dwelling and cartlodge - The Elms, Green Lane, Creeting St Mary, Stowmarket Suffolk IP14 5DS – No Objections. Ref: DC/19/05926 - Householder Planning Application - Erection of ancillary storage building – Riverside Barn, Kettle Lane, Creeting St Mary, Ipswich Suffolk IP6 8LL – No Objections.

Recent Planning Application Decisions

Ref: DC/19/04799 - Householder Planning Application - Erection of carport Halcyon House, All Saints Road, Creeting St Mary, Ipswich Suffolk IP6 8NQ – GRANTED

Ref: DC/19/04740 - Submission of details under Outline Planning Permission DC/17/04743 - Appearance, Landscaping, Layout and Scale for the erection of detached dwelling and garage - Land Adjacent To 1 Red Houses, All Saints Road, Creeting St Mary, Suffolk – Approved

Ref: DC/19/05256 - Application for Permission in Principle Town and Country Planning Act 1990 - Town and Country Planning (Permission in Principle) (Amendment) Order 2017 - Erection of 2No Dwellings Land to The North Of, All Saints Road, Creeting St Mary, Suffolk - GRANTED

Ref: DC/19/04836 - Full Planning Application - Change of use of stable building to residential use (C3) Land North West Of, All Saints Road, Creeting St Mary – GRANTED

Ref: DC/19/04831 - Full Planning Application - Erection of 4no.dwellings, including access, landscaping and associated garaging/parking - Land North of Lyndale Lodge, All Saints Road, Creeting St. Mary, Suffolk IP6 8PU – GRANTED Ref: DC/19/05166 - Full Planning Application - Change of Use of land and erection of Visitor Centre and Cafe, with outside decked seating area and bicycle racks - Needham Lake, Coddenham Road, Needham Market, Suffolk IP6 8NU - GRANTED

Jennie Blackburn (Parish Clerk)

Details of forthcoming meetings and copies of Parish Council Meeting minutes can be found on the village web-site. For concerns or queries to address to the Parish Council, please contact Jennie Blackburn, Parish Clerk by e-mail @ clerk.csmpc@yahoo.co.uk or phone 01449 721369 (answer phone) or come along in person to the next meeting.

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CREETING SAINT MARY WELFARE CHARITIES

The Creeting Saint Mary Welfare Charities Trust can provide assistance for those in need, hardship or distress by reason of, age, illness, unemployment, the need to continue in further or higher education. SOME EXAMPLES OF POSSIBLE GRANTS

Annual grants to those receiving state pension in financial need.

Grants toward the relief of general hardship.

Grants for students who are in higher or further education.

Help with aids to cope with disability not available from state funding.

Grants towards maternity costs.

Grants towards funeral expenses.

Help towards cost of personal Pendant Alarms for the elderly.

The Trust is intended to benefit the residents of Creeting Saint Mary, however, in exceptional circumstances the Trustees may consider applications from persons who are resident outside the Parish. TRUSTEES: Mr. P. Stephenson (Chair) Mr. D. Primmer (Hon. Clerk)

Mrs. M. Aldred, Mrs. P. Day, Mrs. K. Martin,

Please make any enquires to:

Mr. D. Primmer, 30 All Saints Road, IP6 8NF Telephone 01449 721514

Needham Market Station Station Access for All campaign

A feasibility study is due to consider plans for a ramp to the Ipswich-bound platform as an addition to the 49 steps and underpass; re-opening the blocked-up station front entrance, with a 2nd ramp to the underpass and a new opening at lakeside ground level. These plans would significantly

improve connectivity between lake, station, and town

centre for all pedestrians and cyclists.

We now have financial commitments at County and District Council level, plus bids in for Community Infrastructure Levy funding and for a Government grant - via Greater Anglia.

Government funding is very limited for stations this size and realistically our bid may be unsuccessful and the campaign will have to look for funding from other sources. We are very grateful to The Geoffrey Burton Charitable Trust and The Needham Market Institute for offering financial support with landscaping and signage once access work has been undertaken. Please sign either our paper or online petition asking Government to support our plans - click the link on the Town Council website:

https://www.needhammarkettc.co.uk/petitionsurveys/

We meet at The Limes Hotel and if you would like to attend or become an active member of the campaign, or if you have any questions or comments then please email needhammarket.access@gmail.com

Jen Overett, campaign co-ordinator





From the Rectory

Rev. Phillip Payne

PAUSE A MOMENT

Happy New Year to you all. No, I'm not really late, the year is but a month old, that's all. It's all too easy to wish our lives away, rushing to the next task, the next new thing, not allowing time to live the present moment. Last week I spent time preparing diaries and work books for the coming year. While they speak of new hopes and aspirations, it was also interesting to look back over the year just gone.

Some events stand out clearly, others less so. A family holiday stands out, hopefully for all the right reasons, but what about those other, shorter moments of quality time spent together – the moments that really build family, friendships and communities.

An opportunity lost may be frustrating, but what of all those little moments of blessing; what of the people who have upheld us, encouraged us, been there when needed. Are we grateful for them? As I looked back through old papers it was sobering to realise just how much is already fading into the background of my consciousness.

It is important to take stock from time to time; of the highs and lows, joys and sorrows, moments of frantic activity and moments of quiet being. New Year is a good time for such a stocktake. While the Christmas holiday period is often busy, it is also a break from the normal routine. When it's over there is the need to clear up, sort out, prepare for the coming year. In that sorting we come face-to-face with the year just past. Hence as I prepared the study for 2020, I found myself looking back over 2019. As I looked back I was reminded of how much I have to be thankful for; even from life's darker moments.

A new year is upon us and the holiday period fading into memory. Before we rush headlong into it, there is still time to savour the blessings of the old one, and learn a lesson or two to take forward into the new.

Rev'd Philip Payne, Priest-in-Charge North Bosmere The Rectory, The Street, Stonham Aspal, IP14 6AQ 01449 711684 revphilippayne@btinternet.com



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

I was honoured to be returned as Member of Parliament for Central Suffolk and North Ipswich on December 13th and especially delighted to be reelected for a fourth term, with the added bonus of securing an increased majority. It is a huge privilege and I would like to thank everyone for the confidence that they have shown in me and for the tremendous support I have received, for which I am enormously appreciative.

During the election campaign, my team and I visited every part of the constituency on at least one occasion – from Hoxne and Eye in the North, Kesgrave and North Ipswich in the South, Wickham Market in the East, Mendlesham in the West, Debenham, Framlingham and many more in between. I spent a considerable amound of time in North Ipswich and was especially pleased that the election period allowed me to give my undivided attention to residents, whilst also giving me the opportunity to listen to people's views and have numerous conversations which will help me to better represent you over the next five years. I would also like to take this opportunity to thank everyone who has supported me during the last Parliament as well as during the weeks of the General Election campaign, and I have been humbled by the hundreds of messages of support and encouragement that I have received. In the months and years ahead, my priority will always be to represent the people of Central Suffolk and North Ipswich to the very best of my ability. Living in a predominantly rural county like Suffolk, our road infrastructure is simply vital in connecting our rural communities and enabling those who live and work here to travel easily to and from school, our place of work, to visit friends and family and to access local services, such as hospital appointments or local facilities. With the announcement of the next Budget on March 11th, I will continue to do all that I can to support our County Council colleagues and my fellow MPs in lobbying Government for much needed cash to improve and maintain our road network. It is an enormous honour and privilege to be elected to represent the residents of Central Suffolk and North Ipswich again in

Parliament and I shall do my utmost to fulfil.

Tel: 0207219 7038 www.drdanielpoulter.com daniel.poulter.mp@parliament.uk

Creeting St, Mary Voluntary-aided Primary School



Head Mrs. Christine Friar school telephone 01449 720312 office@creetingstmary. suffolk.sch.uk www.creetingstmary.suff olk.sch.uk

TERM DATES 2019/20

Spring term 7 Jan — 2 Apr Spring half-term 17-21 Feb Easter hol 3-20 Apr

MOBILE LIBRARY

Route 13 to Creeting St. Mary

Suffolk Libraries' mobile library stops at Whissel's Farm at 11.20-11.30 and outside 30 All Saints Road at 11.35-11.45 on Friday every four weeks.

This year they are Jan 24, Feb 21, March 30, April 17, May 15, June 12, July 10, August 7, Sept 4, Oct 2 and 30, Nov 27 with no visit in December.

You can join (for free) or renew membership and there is a reasonable selection of books on board. Books can always be ordered from the main library. This somewhat under-used service can be a lifeline to many - we should support it.

https://www.suffolklibraries.co.uk/mobiles-home/ipswich-mobile-library-route-13/





CREETING ST MARY SOCIAL CLUB (CSMSC)

csm socialclub@outlook.com

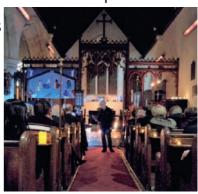
A very atmospheric candlelit church was the setting for a performance of Charles Dickens "A Christmas Carol" with words and music on the 13th December.

Around 70 people were there and enjoyed mulled wine, teas and coffees, cakes and mince pies in the interval.

The reading was by Anthony Roberts, Director of Colchester Arts Centre and his friend Jamie accompanied him on the piano.

The profit to the church fabric fund was £305.55. In addition £50 was donated to Jamie to support the charity he works with bringing music to disadvantaged groups. A brilliant amount raised thanks to people really enjoying it and donating generously.





Dances at the Diamond Jubilee Hall

February 29th - dancing to the Music of Michael and Sylvia March 26th - with David Last 8 pm start : £5 admission

contact: Nigel Smart 01449 720100

Opportunity for a Communications Volunteer

Creeting St Mary Social Club are looking for someone who would be prepared to help the committee with publicity for club and village events. Expertise and familiarity with social media is the main requirement for this task so that we can spread information about our activities and encourage more people to join us. It should not take a great deal of time. Good communication skills are what we are looking for.

Please contact Kathryn Martin or Jacqui Mann or email the club.



Creeting St Mary Social Club

Pop-up Café 2020

In 2020 the Café returns by popular demand.

We are holding two events at the Village Hall.

Pancake Lunch

Choice of savoury and sweet fillings
Tuesday 25 February
12.00 – 14.00 £6 inc. tea or coffee

Soup Lunch with tea & coffee

Thursday 19 March 12.00 – 14.00 £4 inc. tea or coffee

If you would like a lift to the Village Hall, please call Kathryn – 720491



This space could be working for your business See page 39.

Martyn Joseph Performs at Creeting Saint Mary Social Club.

On 29 November 2019 the internationally renowned folk singer Martyn Joseph played a sell-out concert to the good people of Creeting St Mary and surround. Martyn performed two sets and received rapturous applause from all there. The general consensus was that it was a fantastic concert which surpassed all expectations.

Following the concert Martyn headed off to Skegness to play the folk music festival the following day.

Thanks to all concerned with organising the event.

Steve Fearnie



The Diamond Jubilee Village Hall

If you need a venue for your Event, the Diamond Jubilee Hall is available to hire. It consists of the main hall, lounge with bar, a small meeting room and a kitchen. All these can be hired separately. There is WIFI and a large car park behind the Hall. Details and bookings can be found or made on the village website or contact Richard Hyde, Booking Clerk, 01449 720024

Village Halls

Some of you may have been watching BBC Countryfile just before Christmas, when there was an item about Village Halls and their continuing importance in communities such as ours. An interesting insight into how other villages across the country are coping with keeping theirs going in the present day.

Here, in Creeting, we no longer have a shop, or a Pub in the main part of our village, and our community life is focused on our Hall and also our Church.

Countryfile showed several examples of villages who are struggling to obtain grants and other help to bring their neglected Halls up to modern day standards, or lose them altogether. There is still a need!

We should be grateful to previous committees of our Hall who have kept it in a good condition and worked hard on improvements and maintaining it as very much part of our lovely village. The new roof and extensions of a few years ago were amazing and mostly funded by grants - a huge amount of work goes into obtaining these, believe me!

We are lucky in also having a large car park. Use of our Hall by various groups and classes occupies most evenings, but we do have daytime space for future hirer's.

Monthly events by the new Social Club proved very popular over last year and there was something to be enjoyed by every age group.

The present Hall committee has other improvements in hand and plans are advancing.

Chris Bingley (Chair)



Red Skies features two of Suffolk's most famous residents: George Orwell, (r.) who took his name from the Ipswich river, and Arthur Ransome, (I.), who was resident on it, and asks what would have happened if they had met? It starts in Southwold Harbour just before the outbreak of war. where Orwell's father was dying and Ransome, along with his wife Evgenia, were sailing out of Pin Mill. Orwell is about to write Animal Farm and intrigued that Ransome is married to the former secretary of Russia's revolutionary leader, Trotsky. With Orwell's suspicion of spies and the Ransomes inability to explain how they got out of Russia after the revolution, sparks could fly. The show follows their two stories over 20 years, when all three are in search of answers, political and personal.



CHURCH SERVICES

St. Mary's Church, Creeting St Mary St. Peter's Church Creeting St. Peter



Church Services February:

February 2nd Prayer and Praise – 9.30 am Creeting St Peter
Choral Evensong for Candlemas, 6.30pm Stonham Aspal
February 9th Holy Communion BCP – 11 am Creeting St Peter
February 16th Morning Prayer BCP – 9.30 am Creeting St Mary
February 23rd Holy Communion – 11 am Creeting St Mary
Feb 26th Ash Wednesday the first day of Lent, Benefice Services:

- Earl Stonham at 10 am which will be Holy Communion;
- Crowfield at 7 pm with music and reflections

Lent was traditionally a time of fasting, and preceded by Shrove Tuesday when people ate up any luxury food that they had left after the winter (probably very little) when we commemorate it by eating pancakes. Then 40 days later, Easter Sunday, were the celebrations of Christs' resurrection, lambs or other young animals were eaten, and there were again green vegetables available and Lent ended in a feast.

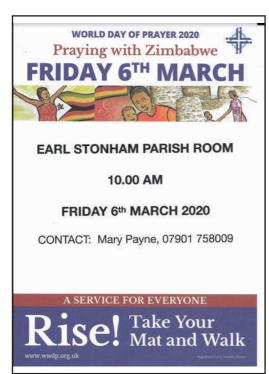
Church Services for March:

March 1st Prayer and Praise – 9.30 am Creeting St Peter
March 6th- 10.00 am - World Day of Prayer at Earl Stonham Parish Room
March 8th Prayer Book Holy Communion BCP - 11 am Creeting St Peter
March 15th Morning Prayer BCP – 9.30 am Creeting st St Mary
March 22nd Mothering Sunday – 4 pm at Creeting st St Mary
Mothering Sunday is always a special service and children have the
opportunity to show how they value their mother's loving care.

March 29th 8-Parish Holy Communion at Creeting St Peter at 10 am
Note: The Clocks have gone forward during the night.

March evening services - Compline at 4 pm on Monday's 2nd, 9th, 16th,
23rd and 30th March - short devotional services in the Vestry at Creeting St
Marv

Nigel Smart (church Warden) telephone 01449 720100 For further details please see page 39.





St Mary's Church Roof Repairs

It is good to be able to report that Phase 2 of the roof repairs is well on its way. The north slope of the nave has been completed, to the same high standard as the north aisle two years ago, and only the porch now remains. We have spent many tens of thousands of pounds on the re-roofing, and the PCC is very grateful to all those in the village (and elsewhere) who have in any way contributed to this. I will publish full final details of the costs when they are known, as well as some acknowledgements to the major donors.

Meanwhile the Church still has to function week to week, and we need to raise some £16,000 this year just to cover our normal running expenses. This is not an easy matter and in recent years we have been struggling. Even if you are not a regular churchgoer, you may well feel that you do not wish to lose an active church from the village community. Gift aid forms are available from me (davidshaynes@yahoo.co.uk)! Any contribution, any amount, is very welcome, please!

David Haynes

Tree Planting

The batch of trees and hedging kindly provided by the Woodland Trust included a special batch of 30 Alder trees for planting along the north side of the River Gipping between Hawks Mill and the footbridge over the river that runs through to Gipsy Lane.

On a lovely sunny Sunday morning in mid-December a hardy group of planters made their way through the swampy ground to the north of the river to get to the river bank and spent a very pleasant hour planting trees and securing protective tree guards in the gravelly material alongside the river. In that time we admired a gentleman running from Needham to Stowmarket along the river bank, met a very spritely Labrador and owners out for a walk and were inspected by Gordon Crosby who had been warned of suspicious characters hanging around the river bank.

Hopefully in due course these thin whips will grow into strong and sturdy full size trees providing shade to the river and adding to this fine landscape.

The picture below shows Richard Martin, Brian Day and David Squirrel relaxing after the completion of this task. Many thanks to Hammy Jardine for giving us permission to plant the trees.

William Barnes







Charity Registration no.:112924



Fundraising for East African Playgrounds in Uganda

My name is Holly Godsil, I am 18 and live in Pinecroft Way, Needham Market. I am currently studying International Tourism Management at Hertfordshire University. This summer I am going to Jinja, Uganda for 4 weeks volunteering for a charity called East African playgrounds. I have a fundraising target of £850 to raise by May all of which goes directly to the charity.

East African Playgrounds is a UK registered charity. Their vision is to ensure that all children enjoy their childhoods through the opportunity to play and learn. The charity's mission is to provide play facilities and play training for communities, helping children to gain the most out of their childhood.

I am looking forward in taking on this challenge in the summer and if you would like to help me fundraise you can donate by going to: - eastafricanplaygrounds.org then click on find a fundraiser and type in my name. Any donations will be greatly appreciated and if you require any further information please contact me: hollygodsil@yahoo.co.uk



Treating Your Missing Infection

Your Infection	Without antibiotics most are better by	How to look after yourself and your family			
Middle-ear infection	8 Days	Have plenty of rest. Drink enough fluids to avoid feeling thirsty.			
Sore throat	7-8 Days	 Ask your local pharmacist to recommend medicines to help your symptoms or pain (or both). 			
Sinusitus	14-21 Days	 Fever is a sign the body is fighting the infection and usually gets better by itself in most cases. You can use paracetamol if you or your child are uncomfortable as a result of fever. 			
Common cold	14 Days	 Use a tissue and wash your hands well to help prevent spread of your infection to family, friends and others you meet. 			
Cough or bronchitis	21 Days	 Things you can do to treat your common condition can be found v the Practice website consult serv or the NHS website. 			

Never share antibiotics and always return any unused antibiotics to a pharmacy

For more information on minor conditions visit:
http://www.nhs.uk/Livewell/Pharmacy/Pages/Commonconditions.aspx
http://www.ipswichandeastsuffolk.ccg.nhs.uk/Yourhealth/Stayinghealthy.aspx



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VILLAGE LITTER PICK

SUNDAY MARCH 15th

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Gloves, Hi-Vis jackets etc provided by CSM PC Contact Kathryn on 720491

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A Bit of History

Usually (but not always) I write a piece in this section about some historical information which I hope is of some interest to the wider Creeting St Mary community. This time, it's a little different because I am addressing an item I wrote about in the last issue of the Newsletter - I asked if anyone knew about a silver cup presented to an H. Wilson for Best Garden Competition in Creeting St Mary for the Coronation in 1953. I was very grateful to receive some information about this little mystery from two Creeting St Mary residents, Lesley Stephenson and Paul Lockwood. I have summarised what they told me below.

The H. Wilson in question was Herbert Wilson who was the first owner of The Rosery (Lesley's current home) on Jacks Green Road when it was built in 1939. Prior to living at the property I was told he lived and worked at Red House Farm in Creeting St Mary as a farm labourer and at some time was also a milkman and gardener. Herbert, worked at Shrubland Hall in his early days before taking up employment at Watering Farm in Jack's Green Road as a gardener. He kept the gardens and grass verges outside the property in immaculate condition and it was no surprise to see his name engraved on the Coronation cup in 1953 for Best Garden.

When he moved into The Rosery, he installed a pump to raise water up into the property and thus was the first one along Jack's Green road to have running water in his house! He could often be seen cycling around the village on his Humber bicycle looking the real "country gent" and would often address fellow males as "Dear boy". He was born in 1887, died in 1982 and is buried in Creeting St Mary churchyard. Herbert, a real local character, was known affectionately as "Bogey" but I'm afraid I don't know the reason for that.

Paul Scully Jan/Feb 2020

Tel: 01449 721461 e-mail: paul@impressions41.plus.com

Extra care needed on footpath!

In a few weeks, work will start on the development of the new homes to the right of us at Lyndale Lodge (opposite Red House Farm) on All Saints Road. The developers will initially be using our driveway as their access. Of course, the footpath (number 7) also follows that driveway. This means that walkers and dog walkers using the footpath may well be surprised to encounter vehicles on the stretch adjacent to the site. These vehicles will probably be driven by people who have not realised that they are driving on a footpath, and therefore are not expecting to see walkers, children, dogs, etc. Please take extra care, particularly with young children and dogs, when using this part of the footpath.

Penny Cottee.

Page 26 Feb/Mar 2020

Footpaths and Bridleways

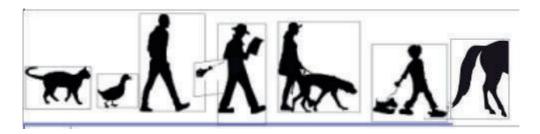
Virtually every footpath in the parish is, or has been recently, somewhat water-logged with the vast amount of rain we've had. This is true especially along FP3 which runs from Jack's Green Road adjacent to Material Change mulch farm, down towards Raven's Bridge where there is a very boggy section near to the river end. In the past Material Change staff have kindly dumped a load of wood chips on the watery section making it passable on foot. I shall ask them if they will be kind enough to provide another load to make the FP easier to use once again.

Recently Pat, myself, Nigel MacBeth and his neighbour Bob Daniels who lives opposite, spent some time in clearing Footpath 58 (Alder Carr Farm entrance to Crown Street Bridge). It had become really slippery from the amount of wet leaves on it but because this FP has a tarmac surface, once the leaves are cleared off, it returns to its firmer and safer surface.

A reminder that a map of all the local footpaths is mounted on the board outside the Diamond Jubilee Village Hall and also on the noticeboard just off the footpath at Hawks Mill beside the river (near the entrance to Alder Carr Farm). There is now a third map mounted inside the old telephone kiosk on Jack's Green Road which, like the other two, has all the Creeting St Mary Footpaths and Bridleways clearly marked on it along with some main features of interest around the village - this map will serve as a helpful guide for the many walkers who pass through. You may have noticed the green light in the kiosk. This is mounted on the defibrillator and indicates that it is working. There are basic instructions attached on how to use it.

Paul Scully Jan/Feb 2020

Tel: 01449 721461 e-mail: paul@impressions41.plus.com



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RAINFALL IN IP6 8 area 2019.

Month	Rain in mm.
November	83.5
Last Year	53.0
Total for 2019	576.5
Jan – Oct. 2018	462.5
Wettest November since 2014! (90.0mm)	

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		8	3	4	5			
4	5			1		8	3	
			8		4			
	2	6		7			4	1
				3	2	4		
6	3						7	2

Sudoku -fiendish

Like an easier one? Let us know. Complete the grid using the numbers 1-9 using each number only once in each row, column or 3×3 box. Solution p. 31.

Month	Rain in mm
December	87.0
Last Year	43.0
Total for 2019	603.5
Total for 2018	474.0
Wettest year since 2004 (625mm)	

Creeting St. Mary Women's Institute

Have you considered joining the WI?

Do you want to socialise and make new friends?



We would love to see you at our meetings held at the Village Hall at 7:30pm on the second Wednesday of the month, unless otherwise stated. We are a friendly WI who welcome members from a wide area. Refreshments are enjoyed after our meetings. We also have walking, lunch and patchwork groups.

Our next meeting

Feb 12th at 7.30pm with a talk on the Lighthouse refuge for women.

Recent events

Our December meeting was on the fascinating topic of Medical Detection Dogs. This all started about 30 years ago when a Dalmatian named Tangle made a big fuss about the owner's mole, which turned out to be cancerous. These days, trained dogs have a 94% correct detection rate from samples (either urine or breath) Their use, beside cancers, is also in detecting Parkinson's and Malaria. Early important diagnoses can be made much quicker than by other means. These dogs, usually Labradors or springers, take 4-6 months to train.

We also learned about Medical Alert Dogs and how lives can be changed for their owners and families. We saw a short film of a family whose lives have been totally transformed. This young girl had to have her blood levels checked every hour day AND night as she is seriously diabetic. With the introduction of her dog, all this has changed and the family can now usually sleep all through the night, with full trust in their dog who will alert the parents to any problem.

These dogs take up to two years to train at a cost of £29K - in fact this is far lower that other types of Guide dog. Some ther countries use dogs routinely and, for example, in Canada they routinely check out hospital areas for MRSA infections.

On Jan 8th we kicked off the New Year meeting with our annual party comprising a lovely buffet provided by members.

A raffle raised £43 for EACH - the children's hospice.

Chris Bingley



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Home-Start Mid & West Suffolk Registered charity no. 1127760



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Stowmarket Group Suffolk Wildlife Trust

We are a group of volunteers who care deeply about wildlife, for its beauty and diversity and importance to everyone's existence. We support the Trust's aims

and vision for a Living Landscape - with nature reserves, Sites of Special Scientific Interest and County Wildlife Sites forming networks of linked-up habitat.

We look after local wildlife reserves:

Work parties maintain Combs and Bonny Woods

SWT Magazine is delivered to local members, saving postage costs.

We organise local events: talks at Stowupland village hall and guided walks. The complete programme can be downloaded from www.suffolkwildlifetrust.org/wildlifegroups

Contact John Thompson 01449 676471 swtstowmarket@gmail.com Our most local reserves:

Combs Wood, Bonny wood, Bradfield Woods, Bull's Wood, and the Blackbourne Valley.

A Happy New Year to everyone.

The days are lengthening and the new programme of events for 2020 is starting in February. There is an exciting range of meetings planned, and the first two are described below. You can see the complete programme of events, and see what else is going on, at the Suffolk Wildlife Trust website at https://www.suffolkwildlifetrust.org/events

Talks are at Stowupland Village Hall at 7.30 p.m. Admission is £2.50, including refreshments. Hearing loop available on request.

February

BROCKS AND FOULMARTS, with Darren Tansley.

Wednesday 26 February 2020

Darren, Essex Wildlife Trust River Catchment Coordinator will talk to us about the changing fortunes of these animals from the 1500's to the present day, their folklore and ecology and prey. From tiny weasel to elegant pine marten he will uncover fascinating facts and new discoveries.

April

HEDGEROWS, HERBS AND MEDICINES, with Martin Sanford.

Wednesday 29 April 2020

A look at some common plants of Suffolk hedges and waysides, their use for foods and medicine and how we use them sustainably.



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Needham Market and District Horticultural Society

Our 2020 programme begins on Thursday 6 February 2020 with a (brief) AGM and a talk from Chris Field on "The Art of Composting".

New and returning members are very welcome. (first Thursday of the month, Needham Market Community Centre at 7:30 p.m.)

Membership costs just £5 for 2020 and is payable at the event. This includes 9 speakers.

Subjects include Henstead Exotic Garden and Do plants wear coats?

Our outings take place from late April when we will see thousands of tulips at Ulting Wick; a mid-summer visit to Beeleigh Abbey through to September and a visit to Cambridge.

Our annual supper is held in mid-October at a local restaurant.

Hazel Mackintosh, Joint Events Co-ordinator 01449 720753

	SODUKU SOLUTION							
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2	8	7	4	6	1	5	9	3

This 1/4 page advert could be working for your business or charity

Stowmarket Chorale

Some eagle-eyed readers may have spotted that November's Stowmarket Chorale bulletin commented on the Christmas concert before it took place! Apologies for the confusion! Well now we can genuinely report that the concert, highlights from Bach's Christmas Oratorio, was a huge success. There was almost a full house, including our honoured patron, Terry Waite, who often supports our concerts. Concert goers commented "you don't need to go to London to see a great choir" and "it was great to hear some proper singing!" Our Musical Director Tom Appleton demonstrated great skill and passion with leading the choir and orchestra and sang the first aria himself, a surprise he had kept up his sleeve! We are excited to be preparing for our Spring concert on 21st March, when we will sing the beautiful Faure's Requiem. We'll also be inviting guests and friends to join us for a Singing Day in Woolpit village hall on 8th February to sing Verdi's Requiem. That should be an amazing experience. Stowmarket Chorale certainly keep busy!

For further information contact secretary@stowmarketchorale.org.uk





Stowe Vets Time to say goodbye: We're here to help

For many of us, pets are part of our family and losing a pet can be just as distressing as losing a human relative or close friend. Here we have provided some information to help when making the decision to put a pet to sleep, as well as how to cope with the loss.

Decision making

Your vet will be able to guide you when deciding on the 'right time' to say goodbye and in most cases, the decision is based on your pet's behaviour and quality of life. When the decision has been made, you will need to decide on a final resting place for your pet. Cremation is a popular option and you also have the choice of an 'individual' cremation where the ashes can be returned to you. Some people prefer to take their pet home to bury in the garden.

Euthanasia and the next steps

Your vet will explain the procedure to you before they begin. Euthanasia is carried out by injecting an overdose of anaesthesia. This injection is not painful and will quickly send your pet into a very deep sleep before gently stopping his heartbeat. If your pet appears agitated, the vet may administer a sedative, this normally takes between five and ten minutes to take effect. The vet will confirm that your pet has passed using a stethoscope and then give you the opportunity to have a few minutes alone with your pet.

Coping with the loss

Having a pet put to sleep is a difficult time for everyone in the family, but try to remember that the decision has been made with your pet's best interests at heart. Do give yourself time to grieve and talk with friends who have pets and can appreciate your loss. A number of UK charities offer bereavement support services for those grieving the loss of a beloved animal.

For more information on any aspect surrounding the euthanasia procedure, please contact:

Stowe Veterinary Group on 01449 613130.

citizens advice

Mid Suffolk

I'm from Austria and I know I need to apply for Settled Status as the UK leaves the European Union. But I'm really confused about what documents I need in order to apply for me and my children. We've lived in England for six years and I'm worried that if we don't apply before the end of the month, we might have to leave.

You don't need to apply by the end of the month - your rights won't change until 31 December 2020. However, you should apply as soon as you can in case of any delays. After the transition period ends on 31 December you might be asked to prove your right to do things like get a job or use a service like the NHS. Having your status sorted will make this more straightforward. To get settled status, you need evidence that you've lived in the UK for 6 months out of every 12 months for 5 years in a row. As you say you and vour children have lived in the UK tor six years, you should be eligible for this. In order to apply, you'll need to have a few things. These include a passport or national ID card, a digital

photo, your National Insurance number or proof of how long you've lived in the UK, a mobile number and an email address. If you've been working, you can find your National Insurance number on your pay slip. If not you can contact HM Revenue and Customs National Insurance Helpline on 0300 200 3500 to help find it. It may be easier to make your children's application after you've made your own. This way you'll be able to 'link' your child's application to yours, using the application number you got when you applied for yourself. You can do this at any time after you've applied - you do not need to wait for a decision. And if your own application is successful, your child will get the same status as you. In order to apply on behalf of your children, you will need to have proof of your relationship for example a birth certificate.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, housing, benefits and family law. You can contact them on 01449 676060 or go to the Advice Centre on 5 Milton Road South, Stowmarket. For more information and our opening hours go to midsuffolkcab.org.uk.

RAINFALL IN IP6 8 area 2019.

Month	Rain in mm.
December	87.0
Last Year	43.0
Total for 2019	603.5
Total for 2018	474.0
Wettest year since 2004 (625mm)	

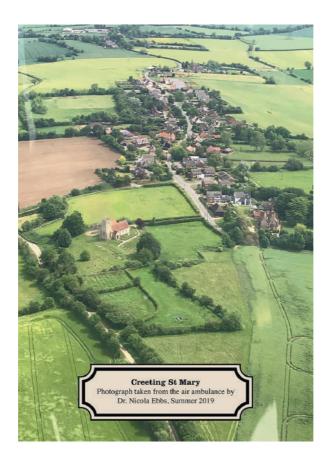
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A5 format: £15 framed - £10 unframed.

£5 from each sale will be donated to the air ambulance.

To order copies please contact:

Steve Fearnie at Creeting House (opposite the church) steve@creetinghouse.com or phone 01449 720988

GENERAL INFORMATION AND CONTACTS

Creeting St Mary Newsletter:

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clerk.csmpc@yahoo.co.uk

(Advertising rates are on page 35)

Distribution: Kathryn Martin (01449) 720491



September (Oct-Nov edition i.e early December and Christmas events)

November (Dec-Jan edition) January (Feb-Mar edition) March (Apr-May i.e. Easter)

May (Jun-Jul i.e. all those mid-summer events)
July (Aug-Sep - the summer holiday events)

Creeting St Mary Parish Councillors

Name Portfolio

 Sue Haynes
 Chair - 01449 722570

 Roger Coton
 SALC - 01449 721526

Nigel Smart Village Hall Management Committee - 01449 720100
Paul Scully Footpaths and Bridleways - 01449 721461

Jan Palmer Blacksmiths Field - 01449 723997 Hugo Craggs (Vice-Chair) CiL and Sustainability- 07815137228

Lesley Plummer new councillor 01449 720359
Chris Emmins new councillor 07894231165

To contact any of the parish councillors, please contact the Parish Clerk first

Parish Council Clerk: Jennie Blackburn - 01449 721369

or email: clerk.csmpc@yahoo.co.uk

Meeting agendas and dates are placed on the village noticeboards during

the week prior to the meetings, and also on the website.



Creeting St Mary Website

Alastair Rogers: (01449) 720580 a.s.rogers@qwic.co.uk;

www.creeting-st-mary.suffolk.gov.uk

Diamond Jubilee Village Hall Hire:

Richard Hyde Tel: (01449) 720024; creetingjubileehall@gmail.com

Creeting St Mary Social Club: csm socialclub@outlook.com.

Creeting St Mary Neighbourhood Watch Representatives:

Bill Mackintosh: (01449) 720753 Sue Haynes: (01449) 722570

Creeting St Mary Footpaths Paul Scully 01449 721461

e-mail: paul@impressions41.plus.com

Creeting St Mary Welfare Charities Mr. D. Primmer, 30 All Saints Road,

Creeting Saint Mary, IP6 8NF 01449 721514

County Councillor for the Thredling Division: Matthew Hicks

Tel: (01728) 628176; matthew.hicks@suffolk.gov.uk; Twitter: @HicksCllr

Mid Suffolk and Baburgh District Councillors:

Mike Norris - mike norris@hotmail.co.uk 01449 720871

Steve Phillips - steve.179@icloud.com 01449 721710, mob. 07794823323

Member of Parliament for Central Suffolk and North Ipswich

Dan Poulter Tel: (01728) 726588; daniel.poulter.mp@parliament.uk

Twitter: @drdanpoulter

PARISHES:

Creeting St Mary, Coddenham, Creeting St Peter, Crowfield, Earl Stonham, Stonham Parva, Gosbeck, Hemingstone, Stonham Aspal and Mickfield For details contact Priest-in-Charge Revd. Philip Payne 01449 711684

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