

# The Creeping St. Mary Newsletter



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**Volume 38/5 October and November 2020**

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## Editorial Comment

Six months on and the World does not seem much further forward in tackling the menace we currently face. However we are getting used to sorting out what needs to be done through our computers. I hope people will spare a thought for those who are not comfortable with this form of communication and decision making and make sure they do not get left behind. This is especially important when even aspects of voting registration for the District Council in 2020 (the Annual Canvass) go online - who knows where that could go? The Parish Council lists people who can help those with problems on page 13 and the Citizens' Advice Bureau can help with weighty issues.

Our thanks must go to Sir Tim Berners-Lee who did not make the world-wide web he masterminded, and we couldn't function without, a private, subscription-only, money-making concern. He is still working to make sure people have control over the information they pour into it. However, we must take our share of responsibility to keep our information safe and not succumb to scams so easily carried out online.

If you look through the various reports there is a huge amount of assistance for and from the community which I am sure has increased with current pressures. Please step up and respond to the requests for volunteers to deliver this newsletter, the autumn litter pick and tree planting.

Businesses in the village and surrounding areas are functioning again, judging from the advertisements we run and mercifully few have had to close. This is perhaps in part because people are keeping things local for everyday shopping and household needs. Supporting local businesses is so important particularly if travel and commuting become any more restricted. It would be interesting to hear from local businesses on how they have coped with the effect on their activities and they have overcome any misconceptions people might have about employing outside businesses. Advertisers are reminded that they can have a free ½ page (100-150 words) on their business.

The various clubs running in the village are finding it very difficult to plan events because of general uncertainty and changes to the rules. It is hoped that regulations will become clearer so that people can feel confident and safe participating in activities, otherwise many old and much loved organisations could cease to exist.

Some good news that has come out of all this: there are fewer road casualties for hedgehogs, toads and other animals because of fewer cars on the road. Also, people are coming to appreciate the nature on their doorsteps as the only relief from lockdown for many has been sitting looking out of the window and limited outdoor activities, often just a walk or extra gardening. This dreadful situation may see our communities as well as nature stronger and more resilient as our frenetic all-consuming life-styles no longer seem appropriate.

As a distraction there is in addition to the Sudoku puzzle, an anagram quiz on p.35 and please, send in your contributions, we could do with more jokes!

As always may I thank all those who have contributed to the Newsletter in particular my co-editor Kathryn Martin who does all the running around!

***Joan Hardingham co-Editor***



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## **CREETING ST MARY PARISH COUNCIL NEWS**

### **Coronavirus (Covid-19)**

Due to the ongoing circumstances, the Parish Council continue to hold their meetings online via Zoom. These meetings will be published on the village website and noticeboards as usual. If any member of the public wish to attend please contact the Parish Clerk [clerk@csmmpc.co.uk](mailto:clerk@csmmpc.co.uk)

Please keep an eye on our website/Facebook page for possible changes to dates and times and for further information when meetings will revert to being held in person.

### **Play Equipment**

Whilst the play equipment is now able to be used, the consumption of food and drink in the play equipment area continues to be banned and parents and guardians are required to do the following:

- bring their own hand sanitiser for the cleaning of their children's hands before, at regular intervals during, and after use of the playground equipment. In the absence of such sanitation parents or guardians are requested to refrain from allowing use of the equipment.

- To ensure physical distancing between children at the current distance of 1 metre plus.

- To advise children to avoid touching their face, eyes, nose and mouth.

- To ensure children under your care have regard to the safe use of equipment and to the safety of others at all times.

- To adhere to the most up to date health advice.

### **Community Speedwatch**

The Parish Council are looking for volunteers to start up a Community Speedwatch Team. Should you be interested please contact the Parish Clerk, Jennie Blackburn on 01449 721369 or email at [clerk@csmmpc.co.uk](mailto:clerk@csmmpc.co.uk) Training will be provided.

### **County Councillor's Report**

Preparations are finalised for SCC funded school travel for the new school term - Suffolk County Council (SCC) have made preparations to ensure all pupils who are eligible for SCC funded school travel are transported to school safely for the start of term. SCC transports approximately 12,000 pupils, which is around 12% of the school population. On 11 August 2020, the Department for Education published official guidance on the measures that need to be in place to ensure that school transport is COVID-19 safe. SCC have been working closely with bus operators and schools to put these into place. There are three types of school transport that children travel on - either a dedicated closed contract, shared route, or public transport route. The guidelines for these routes are slightly different. The majority of eligible pupils travel to school on dedicated, closed routes. This means that the vehicle only carries school children. On these routes, social distancing will not apply. There will be other measures in place to ensure pupils' safety. For example, children need to make sure they wash their hands before and after travelling, and no eating and drinking will be allowed on these vehicles. Face coverings are also recommended for children aged 11 and over.



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**Suffolk celebrates 1,000 miles of newly surfaced roads** - Suffolk Highways has completed its 1,000th resurfaced mile, following the Council's commitment to relay new road surfaces on a quarter of Suffolk's road network. In 2017, Suffolk County Council's Cabinet committed to resurfacing 1,000 miles of road across Suffolk over a four-year period; in a bid to improve the quality of roads, reduce the number of potholes and to help stop potholes from forming in the first place. The commitment also makes sound financial sense, as preventing the deterioration of road surfaces by machine surfacing or surface dressing helps reduce the need to spend more money on reactive maintenance repairing potholes now, and in future years. The 1,000th mile was laid at Horham Road in Eye on Tuesday 4 August 2020. I am delighted to see our teams deliver on our promise to lay new road surfaces on a quarter of Suffolk's roads. Not only that, but we are also due to exceed the 1,000 miles and complete this work sooner than expected. Residents and businesses have always been clear that they want to see roads and infrastructure improved in Suffolk. This continues to be the biggest discussion point in our local communities. By delivering this programme we have been able to focus our budget and resources on improving our roads countywide and keeping them pothole-free for longer. I want to take this opportunity to thank all those who have worked through a very challenging time to stick to this programme and deliver even better roads for Suffolk and its residents. We remain committed to focusing our efforts and resources where possible on this type of road improvement.

**New project website for Suffolk County Council's A140 improvement scheme -**

Suffolk County Council has partnered with Interserve Construction to deliver a vital upgrade to the A140 road near Eye, Suffolk. This stretch of road has seen a number of issues over the last five years. The scheme will improve journey time reliability and road safety in the area, and advance access to the Eye Airfield Development Area. The improvements include: two new roundabout junctions on the A140 Castleton Way and south of Rectory Road; a link road through to B1077 from the Northern roundabout; restricted movements at the A140/B1077 junction: prohibit right turns in and out, improving journey times and safety; closure of the A140/Rectory Road junction; landscaping and new pathways for walkers and cyclists. Keeping the local community and key stakeholders updated and informed is a vital part of the project so a dedicated website has been developed [www.eyea140scheme.co.uk](http://www.eyea140scheme.co.uk) to update all interested stakeholders regularly about the project's recent activities and any traffic management measures which may be in place to help support the work. A phone number is also available (07917 598 686) to directly contact the project's representatives. I would like to thank residents for their patience regarding these vital improvement works. The scheme's new website will ensure interested parties can be kept updated on the project's developments. There have been unavoidable delays due to the COVID-19 pandemic. We are trying to claw back some of the time lost and keep people updated with this work and the revised time scale is via the new website. Once the improvement works are completed, the new road layout will unlock Eye Airfield for economic development. There will also be significant highway benefits, because access to the A140 will be safer and more efficient, resolving long-standing safety and congestion issues. The scheme is expected to be finished early 2021.

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**New resources will help young people understand the link between movement and mental health** New resources have been published to help young people in Suffolk understand how movement and physical activity can improve their emotional wellbeing. The resources, which include a handy, pocket-sized information card, have been developed for young people with input and feedback from young people. Made possible by Suffolk Mind and the Suffolk Most Active County Partnership, with assistance from Suffolk County Council's Children and Young People's engagement hub, the resources provide essential information about seven ways young people can improve their mental health through movement. They also include three simple and effective ideas that young people can try straight away to help them take control of their mind and mood through movement, as well as a range of key local contacts for further support. The publication of these resources is very timely given emerging evidence that young people's mental health and wellbeing has suffered during lockdown. The link between exercise and mental health cannot be over-stated, but often gets forgotten. So, to have a clear and concise reminder of all the benefits we gain from being active is extremely helpful and will act as an incentive to encourage our young people to think about moving more. The resources will be distributed to schools, GP surgeries and libraries across the county. They are also available as a direct download from [www.keepp movingsuffolk.com/wellbeing](http://www.keepp movingsuffolk.com/wellbeing) and [www.thesource.me.uk/move](http://www.thesource.me.uk/move).

**Matthew Hicks - County Councillor for the Thredling Division**

Tel : 01728 628176 Mob : 07824 474741 E-mail : [matthew.hicks@suffolk.gov.uk](mailto:matthew.hicks@suffolk.gov.uk)

## **District Councillor's Report**

**FROM RESPONSE TO RECOVERY:** Over the past 4 months, the Collaborative Communities COVID-19 Board has been focusing on responding to the pandemic and supporting Suffolk. This includes the Home, But Not Alone phoneline, food and medication deliveries, emergency food parcels, foodbanks, emergency housing and other support services. Due to the easing of restrictions, the Board has agreed to move from an emergency response phase into recovery. Although there is a change of focus, the Board is conscious that the situation is changeable and will be ready to respond to any local outbreaks should the need arise. The Board has agreed to focus on the following themes - Food and hardship, Housing, Support to the voluntary and community sector and Restoring the social infrastructure of our communities and combatting loneliness. Following the implementation of 'the rule of six' effective from today we are awaiting any update to the above.

**SPOTLIGHT ON SUFFOLK'S FOOD BANKS:** Food banks are designed to provide short-term, emergency support with food during a crisis; relieving the immediate pressure of the crisis by providing food, whilst also providing additional support to help people resolve the crises that they face. As Covid-19 continues to unfold food banks have been hit hard in terms of meeting increasing demand. They play a major role by distributing donated and purchased groceries directly to families in need. Pre-C19 there were just over 20 established food banks in Suffolk; there are now 49 established and pop up food banks operating weekly. Since the end of March, Community Action Suffolk (CAS) has been working in partnership with Suffolk County Council, Ipswich Borough Council, East Suffolk, Babergh and Mid Suffolk, and West Suffolk Councils to establish a food supply chain to food banks across Suffolk. The



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vegetarian, gluten-free and vegan ranges

**Eco household and toiletries**

A wonderful selection of plants from Katie's Garden

**Plant pots and compost**

### **Coping with Covid-19**

We would like to thank all our customers for their support and understanding as we attempt to follow Government guidelines; we are limiting numbers in the farm shop with 2m. "social distancing". Please restrict the number of people in your group in the shop to one or two, wear a face mask and don't enter if unwell. We do everything we can to safeguard customers and staff through thorough cleaning and ample screening.

#### **Customer Support collection service from the car park.**

For vulnerable and self-isolating customers we have non-contact collection. Email or ring with your order and we will contact you for payment over the phone and arrange a time for collection.

On arrival, phone to let us know you are here and we will bring it out to you.

#### **We offer limited home deliveries**

For vulnerable & self-isolating residents of Creting St Mary & Needham Market.

**The play area, nature trail and farm animals can all be enjoyed**

#### **Cafe and Workshop Units are now open**

The courtyard has been resurfaced and significant changes made to ensure social distancing measures are in place. Please follow the signs.

**farmshop@aldercarrfarm.co.uk. t: 01449 720820**

**www.aldercarrfarm.co.uk and Facebook**



newly formed collaboration has continued to meet regularly to look at the information being collected from food banks and offer help where needed; this has included additional food at short notice and extra storage. CAS have been able to provide advice on both funding and sustainability and appropriate governance for those food banks looking at a more formal structure going forward.

**BABERGH AND MID SUFFOLK RECEIVE GOVERNMENT FUNDING TO INSTALL SOLAR**

**CARPORTS:** Environmentally-friendly initiatives across Babergh and Mid Suffolk, including electricity micro-generation and solar storage carports, received a major boost last month, with government matched funding of up to £800,000.

**COUNCIL HOMES FOR EYE GET GO-AHEAD:** The long-awaited redevelopment of a former care home in Eye took a major step forward last month, with planning permission granted for 16 'affordable homes' to be built on the site.

**COUNCIL COMMITTEE GIVES GO-AHEAD FOR STOWUPLAND HOMES:**

MSDC recently approved outline planning permission for 80 houses in Stowupland, provided that the scheme delivers "affordable homes" for low income house-hunters, a pedestrian crossing at a traffic blackspot in the village, and brings an important local green space into community control.

**2020 ANNUAL CANVASS TEXT MESSAGES:** The Annual Canvass process is now well underway, with the initial letters going out earlier this month. To help streamline the process MSDC is encouraging an electronic process. Electoral services will be trialling the free gov.uk notify service - sending text message reminders to electors that have notified they are new to a property, but are still required to complete the registration process, to ensure that they are able to register to vote.

***Mid Suffolk District Councillors Mike Norris [mike.norris@midsuffolk.gov.uk](mailto:mike.norris@midsuffolk.gov.uk) Tel. 01449 720871 and Steve Phillips [stephen.phillips@midsuffolk.gov.uk](mailto:stephen.phillips@midsuffolk.gov.uk) Tel. 01449 721710.***

Representing Needham Market, Badley, Baylham, Creting St Mary, Creting St Peter, Darmsden Planning Applications Considered

Ref: DC/20/02753 - Householder Planning Application - Erection of 2 storey rear extension (following demolition of existing single storey extension) - 46 All Saints Road, Creting St Mary, Ipswich, Suffolk IP6 8NF – NO OBJECTIONS

Ref: DC/20/02892 - Application to determine if Prior Approval is required for a proposed Change of Use of Agricultural Buildings to 1no Dwellinghouse (Class C3), and for building operations reasonably necessary for the conversion. The Town and Country Planning (General Permitted Development) (England) Order 2015 (as amended)-Schedule 2, Part 3, Class Q. - Barn In Field Adjacent Hill View, Green Lane, Creting St Mary, Suffolk – NO OBJECTIONS

Ref: DC/20/03344 - Full Planning Application - Erection of 1no. eco-dwelling - Eric's Field, Flordon Road, Suffolk, Creting St Mary IP6 8NJ - OBJECT

Ref: DC/20/03163 - Full Planning Application - Erection of outbuilding/machinery store (following demolition of existing) - Highfield, All Saints Road, Creting St Mary, Ipswich Suffolk IP6 8NG – NO OBJECTIONS

## **WANTED**

### **Volunteers for our new Community Speedwatch Group**

**Training will be provided.**

**If interested or if you would  
like more information, please  
contact the Parish Clerk on  
(01449) 721369 or email at  
clerk@csmnpc.co.uk**

**Creting St Mary Parish Council**

## **BHS 2026 - Historical Researcher**



Do you hack out? Do you know whether the routes  
you ride on are legally recorded?

*"Find the missing pieces, fill in  
the gaps, complete the jigsaw!"*

On 1st January 2026, historical routes in England that aren't  
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2026 volunteers.

If you would like to register to  
support the BHS 2026 project  
in your area, please contact  
our Volunteer Support Team at [volunteer@bhs.org.uk](mailto:volunteer@bhs.org.uk)

The British Horse Society is a Registered Charity Nos. 210504 and 52038516



## **CREETING SAINT MARY WELFARE CHARITIES**

The Creting Saint Mary Welfare Charities Trust can provide assistance  
for those in need, hardship or distress by reason of, age, illness,  
unemployment, the need to continue in further or higher education.

### **SOME EXAMPLES OF POSSIBLE GRANTS**

Annual grants to those receiving state pension in financial need.

Grants toward the relief of general hardship.

Grants for students who are in higher or further education.

Help with aids to cope with disability not available from state funding.

Grants towards maternity costs.

Grants towards funeral expenses.

Help towards cost of personal Pendant Alarms for the elderly.

The Trust is intended to benefit the residents of Creting Saint Mary,  
however, in exceptional circumstances the Trustees may consider  
applications from persons who are resident outside the Parish.

**TRUSTEES:** Mr. P. Stephenson ( Chair ) Mr. D. Primmer (Hon. Clerk )

Mrs. M. Aldred, Mrs. P. Day, Mrs. K. Martin,

Please make any enquires to :

**Mr. D. Primmer, 30 All Saints Road, IP6 8NF Telephone 01449 721514**

Ref: DC/20/03517 - Application for approval of reserved matters following outline approval DC/18/01442 Town and Country Planning (Development Management Procedure) (England) Order 2015 - Erection of 1No dwelling (all matters reserved)  
Location: Land Adjacent 1 Stone Cottages, Creeting Hills, Creeting St Mary – NO OBJECTIONS

#### Recent Planning Application Decisions

Ref: DC/20/02176 - Householder Application - Erection of orangery. New Dwelling, All Saints Road, Creeting St Mary, Suffolk – Granted

Ref: DC/20/02753 - Householder Planning Application - Erection of 2 storey rear extension (following demolition of existing single storey extension) 46 All Saints Road, Creeting St Mary – Granted

Ref: DC/18/05621 - Outline Planning Application (all matters reserved) - Residential Development for up to 43 dwellings (14 affordable). Land Off, Jacks Green Road, Creeting St Mary, Suffolk – GRANTED

Ref: DC/20/01714 - Full Planning Permission - Erection of 1no. dwelling - Shangri La, Creeting Bottoms, Creeting St Mary, Ipswich Suffolk IP6 8PH - GRANTED

**Details of forthcoming meetings and copies of Parish Council Meeting minutes** can be found on the village web-site. If you have any concerns or queries to address to the Parish Council, please contact Jennie Blackburn, Parish Clerk by e-mail @ clerk.csmmpc@yahoo.co.uk or phone 01449 721369 (answer phone) or come along in person to the next meeting.

#### ***Jennie Blackburn, Parish Clerk***

##### **Parish Council support to the Community in Covid Times**

Support at a community level continues to be to be vitally important and the Parish Council want connect those who need help to those who can give it.

If you can help a neighbour with: shopping, postage, urgent supplies or just a chat contact one of the below so we can collate the details.

Hugo Craggs: 07815 137228 hugocraggs@gmail.com  
Lesley Plummer: 07889 272856 andaxi@btinternet.com  
Sue Haynes: 01449 722570 susannehaynes@talk21.com  
Jan Palmer: 01449 723997 creetingtog@gmail.com  
Chris Emmins: 07894 231165 chrisemmins@offshorenrg.com  
Roger Coton: 01449 721526 rogercoton@btinternet.com  
Paul Scully: 01449 721461 paul@impressions41.plus.com  
Jennie Blackburn: 01449 721369 clerk.csmmpc@yahoo.co.uk

Details on Creeting St Mary Parish Council Facebook page  
<https://www.facebook.com/Creeting-St-Mary>

***Ed: if you are unsure of an approach you have had offering help,  
please consult the people on the list above.***



# CHURCH SERVICES

St. Mary's Church,  
Creting St Mary

St. Peter's Church  
Creting St. Peter



## NORTH BOSMERE BENEFICE

The Benefice of North Bosmere is on an adventure this autumn. September saw us holding services in different locations and at varied times. For October, we will continue to move around the Benefice with morning services in church at 11.00am. Zoom Morning Worship services will be at 09.30 am. As at the date of writing this article, November is still being planned, so watch out for further details - there will be a Remembrance Service at Creting St Mary on Sunday 8th November at 09.30am.

To attend a service in a church building, please let Rev Philip know by 6pm on the Saturday (01449 711684 or [revphilippayne@btinternet.com](mailto:revphilippayne@btinternet.com)). To assist the track and trace process your contact details will be kept for 3 weeks after the service. To join a Zoom service, please email: [reader.ruthdennigan@gmail.com](mailto:reader.ruthdennigan@gmail.com) who will send you a link to join the service.

4 October	09.30am Morning Worship	Zoom
	11.00 am Holy Communion	Earl Stonham
	11.00am Morning Prayer BCP	Creting St Mary
11 October	09.30 am Harvest for All	Zoom
	11.00 am Holy Communion	Crowfield
	6.30 pm Evening Prayer	Hemingstone
18 October	09.30 am Morning Worship for Wholeness and Healing	Zoom
	11.00 am Holy Communion for Wholeness and Healing	Gosbeck
25 October	09.30 am Morning Worship	Zoom
	11.00 am Holy Communion	Creting St Peter
	6.30 pm Evening Prayer	Stonham Aspal
8 November	09.30 am Remembrance Service	Creting St Mary

For further information, contact:

**Rev Philip Payne 01449 711684 [revphilippayne@btinternet.com](mailto:revphilippayne@btinternet.com)**





# From the Rectory

Rev. Phillip Payne

## A HARVEST

As the summer draws to a close, schools embark on a new year, offices re-open and speculation on what happens next remains rife; it is time to take stock. It is a strange year. Loss of life, loss of livelihood, loss of the opportunity to meet with friends and family: whatever our personal circumstances, the world appears a poorer place than this time last year. Yet for all the loss, collectively we have much to be thankful for, and therefore much to celebrate.

If recent events have taught us anything it should be just how interdependent we all are. Supermarket shelves do not fill by magic. Home deliveries don't just happen. Good health care comes from the skill and dedication of many. Many of us also found ourselves more than normally dependent on friends and neighbours. Networks opened up to meet those needs. Do we realise just how many people we depend on day-by-day?

In the beginning, when God created the first human being God saw that it was not good for that person to be alone, so he created him a partner (Gen 2:18). The Bible has at least as much to say about our relationships with our neighbours as it does about our relationship with God. Jesus himself summed up the Law as 'Love God with all your being and Love your neighbour as yourself'. This ability to live and love is the blessing of God on us his creation.

All this brings me to our annual harvest celebrations. For several weeks we have been surrounded by the sights and sounds of harvest. Large, and at times strange-looking, machinery rumbles past my study window at all times of day and night. Fields that were full of wheat, barley or beans are now reduced to stubble. This year's harvest may not be as bountiful as some years, but there is a harvest and for that we thank God and all who work with him to bring it home.

God's gifts are for sharing. From material plenty to kind words and loving actions; all of us have something to share. The year may not have gone as planned but all of us have something to be thankful for. So, amidst the flickering lights of uncertainty, let us recognise the steady light of God's loving presence, and continue to share that love; loving our neighbour as ourself.

Rev'd Philip Payne, Priest-in-Charge North Bosmere Benefice  
The Rectory, The Street, Stonham Aspal, IP14 6AQ  
01449 711684 [revphillippayne@btinternet.com](mailto:revphillippayne@btinternet.com)

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## **St Mary's , Creeting St Mary.**

### **Ride and Stride**

It was a glorious day for this year's Ride and Stride and we were pleased to welcome people both walking and striding.

Thank you to everyone who supported our church and to Hazel, Bill and May for being there to help look after the visitors as they arrived.

### **Harvest Services.**

As we are unable to have a harvest festival in our church this year we had a collection for the Salvation Army at our Communion service on Sunday, led by Rev. Philip Payne.

### **Church yard tidy, Saturday 17th October at 10.30am.**

It is proposed that we have another tidy up now Autumn is here. Please if you are able to help, bring your own tools if you can but there will be some available on site. There will be refreshments throughout the morning.

Hope you can join us.

### **Church clean, Wednesday 4 th November, 2-3pm**

We also hope to give the Church an Autumn clean after not being used very regularly over the last few months. If you are able to help, it would be very much appreciated - we will be able to keep to social distancing.

### **Our next service**

Sunday 4 th October for morning prayer at 11am, led by Henry Stamford, one of the Readers in the Benefice

### **Remembrance Day service.**

Sunday 8 th November, also led by Henry.

***Glynis Clint.***



St. Mary's Church from Low Lane    *courtesy Chris Bingley*

## **REPORTS TO THE ANNUAL PARISH MEETING (APM)**

Once a year organisations in the village are invited to present a report of their activities to the Parish Council. This year it was conducted via Zoom. These will be featured in the newsletter over the year

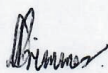
### **WELFARE CHARITIES FOR THE YEAR ENDING DECEMBER 31<sup>st</sup> 2019.**

There has been less call on help from the charity by members of the community than in recent years with 13 retirement grants requested and just 1 request for a student grant being made. All of these requests were satisfied at a total cost of £2800

In an effort to ensure that all residents of Creeping Saint Mary are aware of grants that may be made, together with the names of all trustees and contact details for enquiring about possible grants are published in every issue of the bi-monthly Creeping Saint Mary Newsletter. Additionally this information is available on the village website and on notice boards in the village hall and around the village.

Please find attached a copy of the independently audited accounts which were again kindly audited by Mrs .F. Hammond.

The statutory annual return was made electronically to the Charities Commission on March 6<sup>th</sup> 2020.

 13/4/2020 .

Mr. David Primmer ( Hon. Clerk )

## **CREETING ST MARY SOCIAL CLUB (CSMSC)**

**csm\_socialclub@outlook.com**

### **The Diamond Jubilee Village Hall The Village Hall is open**

Bookings can be accepted and full Corvid precautions will be in place. The new heating has been commissioned and a deep clean has been undertaken. Under Community Action Suffolk guidelines it is a " covid secure site" where Government guidance is followed.

**Chris Bingley (Chair) Tel 01449 720324. christine.bingley@gmail.com**

Only the main hall and toilets are open at present, NOT the bar, or the small meeting room or kitchen. There is WIFI and a large car park behind the Hall. Details and bookings can be found on the village website or **contact Richard Hyde, Booking Clerk , 01449 720024**

## **CREETING ST MARY SOCIAL CLUB**

Regretfully the club has been unable to host any functions since February, but the Social Club Committee are still meeting and talking about how we can manage to do something to bring people together. Continuing uncertainty and frequent changes to guidance make planning awkward, but we may try to hold a quiz around Christmas with teams of 6 seated at tables, waitress service of simple refreshments and drinks. Tickets would need to be booked to avoid excessive numbers, but we feel it is too early to make definite arrangements. Any publicity if we do go ahead will be by email and posters so it can be a last minute affair. Further details will follow next issue.

**Kathryn Martin Chairman.**

### **New Communications Volunteer for the Social Club**

**Thank you Caroline Gordon for stepping up to do this!**

She will help the committee with publicity for club and village events - mainly with through social media so that we can spread information about our activities and encourage more people to join.

**Kathryn Martin and Jacqui Mann**



## Diamond Jubilee Village Hall

At our recent Committee Meeting, we took the opportunity to all raise a glass to Brian Day as he left our Committee after 30 plus years of service to our Hall.

He masterminded the extensions and new roof ten years ago, and was highly involved in the procurement process of grants for the recent renewal of the heating. As well as that, he has always been available working behind the scenes quietly doing enumerable jobs allowing the Hall to function effectively and efficiently.



Along with Pam, his able assistant, we thank them both wholeheartedly for their many years of devoted service.

You may still notice Brian doing odd jobs around the Hall, as I think he may find it difficult to stay away completely!

**Thank you so much, Brian.**

We also were able to show our appreciation to May Aldred who has retired as Hall cleaner after a similar period of 30 years.

A total of 60 years between you is not a bad record at all.

As I write, many of our regulars are rebooking the main Hall again and we hope this will be allowed to continue. We adhere to the strict Covid regulations, and will gradually open more parts of the Hall, as is practical.

***Chris Bingley (Chair)***

# VILLAGE LITTER PICK

## AUTUMN LITTER PICK

**SUNDAY 18TH OCTOBER  
10.30 am at THE VILLAGE HALL**

A suitably-distanced litter pick will be held to tidy up around the village before the winter. Bags and pickers will be provided, but please could you bring your own gloves and if possible hi-vis or bright jackets - we have only a few of these.



It would help with planning areas to cover if you could inform myself or Jennie Blackburn that you hope to attend.

Bags are left at the Village Hall for collection, or if you have room in your own bin please deposit the litter in that. It is important that we all stay safe which is why these rather impersonal arrangements are suggested.

Do call me on 720491 if you have any questions. Thank you.

***Kathryn Martin***

## VOLUNTEER NEEDED

**Some one is urgently needed to deliver newsletters  
to 30 houses along the Norwich Road please.**

**This is 6 times a year.**

**The round could be split between 2 people.**

**If I am unable to find somebody we may have to leave the  
newsletters at one of the businesses on the road for collection.**

**Please help and contact me on 720491.**

**Thank you.**

***Kathryn Martin co-Editor CSM Newsletter***

## Creeting St. Mary Voluntary-aided Primary School

It was wonderful to welcome all of our children back to school at the beginning of September, we have missed them all so much. They have all grown so much since we were all last together in March. The whole school community worked incredibly hard throughout lockdown to keep the children engaged with their learning and in touch with their friends and teachers.



We are very impressed with the resilience the children have demonstrated upon their return. They tell me they are very happy to be back in school, playing with their friends and are ready to learn lots of new things. Our Reception children in particular have amazed us all as they enter the building each morning by themselves without help from parents and carers.

We have introduced a staggered start and end to the day to help families maintain social distance from each other and it is very strange in school that the children do not see the other classes and siblings are not able to play together. We do still have our Celebration Assembly in school where the classes all dial in to a virtual assembly so at least we do get to see each other on the big screens in our classrooms.

Unfortunately it looks as though our residential trip to Herefordshire planned for the beginning of October has had to be postponed until March. We have our fingers crossed that the government will let us go then. It is obviously very difficult to make any plans at the moment as the rules for us all are changing daily but we are making the best of being back together again and whilst we hope that schools will be able to remain open throughout this year we are also planning for what might happen if we are closed again.

Thank you to everyone for their support throughout these challenging times. Your kind thoughts, words and prayers are very much appreciated.

**Mrs Christine Friar**

**Head Mrs. Christine Friar;** School telephone 01449 720312,  
office@creetingstmary.suffolk.sch.uk; www.creetingstmary.suffolk.sch.uk

### MOBILE LIBRARY

Route 13 at Creeting St. Mary

The mobile library bus is well equipped for users with advisory notices about Covid-19 on the doors, screens and hand sanitiser are provided. 20 books can be borrowed, per person. Browsing books is permitted, as opposed to the branch libraries - which are only open for booked collection of orders. All books are quarantined on return.

Suffolk Libraries have expanded their online facilities over the lockdown, increasing the range of e-books available and have revamped the website - but there is nothing like a real paper book to many of us!

You can join (for free) or renew membership and there is a good selection of books on board. Books can always be ordered from the main library to be collected on board. This somewhat under-used service can be a lifeline - we should support it.

**Suffolk Libraries' mobile library stops on Friday every four weeks at Whissel's Farm at 11.20-11.30 and outside 30 All Saints Road at 11.35-11.45 : August 7, Sept 4, Oct 2 and 30, Nov 27 with no visit in December.**

<https://www.suffolklibraries.co.uk/mobiles-home/ipswich-mobile-library-route-13/>  
**Kathryn Martin**

Page 21 Oct Nov 2020

## A Bit of History - What's in a Name?

### Sally Wood's Lane.

Many of you will know of Sally Wood's Lane in Creeting St Mary; others may have yet to discover it. If you're unsure of its location, take the narrow road off All Saints Road (just the other side of the A14 bridge) up to Creeting Hills. At the top and to the left of the property named Four Winds, is a rough wide bridleway track marked by a finger post. This is Sally Wood's Lane. It continues for about 2/3 of a mile (1,000 odd metres) finishing down a slope to meet another track which turns right and leads to Hungercut Hall. How did Sally Wood's Lane get its name? Who was Sally Woods? A mezzotint engraving, by S. W. Reynolds, after a painting by Sir George Beaumont, (see the picture below) was "Published as the Act directs May 12th 1800". The picture was accompanied by some details: "Elizabeth Woods of Creeting Hills, Suffolk, born of respectable parents in 1714 & now living (May 1800) possessed on the death of her husband a life interest in 12 acres of land, with the house in which they had lived, and of which she could never be induced to quit possession. The buildings, however, falling into decay, were gradually demolished, till nothing remained but the oven and two chimneys, in the larger of which this singular character and two daughters persisted to reside for sixteen years, with no other defence against the weather than a screen of bushes, which they shifted according to the direction of the wind. A few boards composed their bed, the mother's head resting on a large flat stone, which was her seat by day, and her feet affording pillows to her daughters, whilst the oven served them for wardrobe and store room."

Also, it is said that somewhere in Creeting St Mary churchyard lie buried the remains of one who has passed into local legend. A parish register entry reads: "Elizabeth Woods of Creeting St. Olaves, 83 years of age, was buried 20th eve of February 1801 - Ye length of her coffin 3 feet 4 inches, its width 1 foot 1 inch and a half, its depth 1 foot 9 inches - this singular character lived some years in ye





chimney of her house on Creeting Hills". However, an envelope inserted in the register contained an undated note to the effect that "The dwarf known as Sally Woods lived in the lane on Creeting Hills still known as Sally Woods' Lane. When her cottage fell she lived in the chimney." The note adds a bit of intrigue as it refers to Sally Woods as "the dwarf". However the parish register described the body of Elizabeth being buried in a very small coffin. Does that mean the Elizabeth was a dwarf too? A tantalising question – who was the dwarf, Elizabeth or Sally? Neither or both!

I have been passed some old papers which suggested how the name might have come about. Going back to the parish register entry, it refers to Elizabeth Woods of Creeting St Olaves being aged 83 when she died having lived "some years in ye chimney of her house on Creeting Hills" BUT the inserted note goes on to say that "The dwarf known as Sally Woods lived in the lane on Creeting Hills still known as Sally Woods' Lane. When her cottage fell she lived in the chimney." Who inserted the note and when? Could it have been the Rev. Francis Furse Vidal, one-time rector of Creeting St Mary who was born 35 years after Elizabeth's death? If so, did he come by some information about Sally that he felt needed to be added to Elizabeth's note? Further information I have refers to a record of an Elizabeth Bacon marrying a James Woods of Creeting and having four children, Elizabeth, Sarah, Lydia and a son James, all born between 1740 and 1748/9 and baptized in Creeting All Saints Church. A clue as to who Sally might have been lies in the fact that in the 18th and 19th century, the name Sally was often used as a nickname for Sarah. Is it likely that Elizabeth's daughter Sarah, possibly known as Sally, then took over the forlorn cottage on its demise and thus the lane became known as Sally Wood's Lane?

Can we draw any conclusion from this information? Was the lady who lived in the chimney, who died in 1801 and buried in a very small coffin, Elizabeth Woods? If so, could "the dwarf" actually be referring to Sally Woods but has over time been confused with her mother, Elizabeth?

I've drawn my own conclusion but I would be interested if you would let me know what you think or have discovered from your own research. With the Suffolk Records Office currently closed and not expected to open as "The Hold" in 2021, I shan't be able to browse for any further evidence for a while as yet, especially the one I'd like to have a look at, the parish register entry.

Paul Scully - September/August 2020

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## DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

As Parliament returned earlier this month, we continue to live in uncertain times and this summer has certainly been very different. One of the things which I have missed the most is being out and about and meeting members of the local community at the annual village fetes and community events.

Since the onset of the COVID-19 pandemic, a great many of our businesses have been impacted – across all sectors. With the hospitality industry being greatly impacted, I've been especially impressed to see so many examples of businesses adapting and innovating to offer new services supporting our rural communities. For example, during the forced closures of lockdown, a number of pubs across Central Suffolk and North Ipswich have adapted to offer pop-up grocery stores or take away dining.

These pop-up shops and take away dining outlets proved incredibly popular with local residents, meaning that they didn't have to venture too far from home to shop locally and source top quality, local ingredients. Now that lockdown has eased, many of those businesses who had adapted are continuing to offer the add-on services and customers are continuing to support them, valuing the important contribution they make to the local community.

As we've come out of lockdown, businesses and consumers have readjusted and early signs of economic recovery are encouraging. Our towns and villages are at last seeing increased footfall and sales are slowly beginning to recover. Although many consumers are still being cautious, our businesses have gone to great lengths to ensure they are COVID-19 secure, giving consumers confidence that they can shop safely.

That said, it is important to remember that the virus has sadly not gone away, and we all have a part to play in stopping the spread of the virus whilst also supporting our local economy. Good hand hygiene is particularly important; when out and about, if you can't easily wash your hands, remember to take along an anti-bacterial hand sanitiser and wear a face covering when indoors. Keeping at least 2 metres apart from people who are not from your own household helps to protect you and others and reduce the spread of the virus.

In closing, I would like to put on record my thanks to all of those who have worked tirelessly during these recent months – our teachers, frontline public sector workers, NHS staff and community carers, along with the army of volunteers who stepped in to help deliver food or prescriptions and looking out for others.

Tel: 0207219 7038 [www.drdanielpoulter.com](http://www.drdanielpoulter.com)  
[daniel.poulter.mp@parliament.uk](mailto:daniel.poulter.mp@parliament.uk)

## Footpaths and Bridleways

Because it had become very overgrown and was proving difficult to walk along by many people, I reported the Gipping river path to Mid Suffolk Council. The Council replied "This path is on the annual cutting schedule which means it will be cut three times a year (from May through to August) as a matter of course, the third and final cut is imminent." It was cut soon after I received their reply but the standard was quite poor with a lot of vegetation left overhanging the path.

The missing finger-post on St Mary's Road at the end of FP 7 remains absent so I have chased that up with the Council again. Otherwise, most FPs in the parish are reasonably clear – thanks to those who've helped keep them clear. There's a very tall dead tree on the bank of the River Gipping between the Bridge crossing to Crown St and the entrance to Alder Carr Farm. I've advised the authority that maintains the river bank and sent them pictures of the tree. Let's hope they deal with it before it falls down and hurts someone. There are a couple of leaflets covering walks along the River Gipping which can be picked up from two locations in Creeting St Mary; one is from the notice board by Hawks Mill Bridge, the other is from the old telephone kiosk in Jack's Green Road. Both locations also have a large map of the village displayed along with footpaths and bridleways clearly marked.

### By The Way...

I was about to go on holiday via the Harwich ferry last year and was at the checkpoint when 5 lads in an Audi Quattro were stopped by the official, Tracey. She told them she couldn't let them on the ferry. "It's illegal to have five people in a Quattro. Quattro means four. One of you will have to get out and stay behind." "Quattro's the name of the car" the driver replied disbelievingly. "Look at the papers: this car is designed to carry five persons" "You can't pull that one on me. This is Tracey you're talking to here." she replies with a smile. "Quattro means 4. You've got five people in your car and you're therefore breaking the law. So I can't let you on the ferry. It's more than my job's worth to let you all on".

The driver was by now very cross and replied angrily, "I've had enough of you. Call your supervisor over. I want to speak with someone with more intelligence."

"Sorry," responded Tracy, "but Sharon's busy dealing with the two blokes in the Fiat Uno."







## Royal British Legion Poppy Day

Royal British Legion  
Needham Market Branch  
Suffolk

Registered Charity No. 219279

Branch No. BR 0832

President: Lt Col F.H. Lea

It is with considerable regret that I have to advise that, due to restrictions on Social Distancing brought on by Covid 19 precautions, RBL has announced that the traditional methods of making collections house to house, on the high street and by leaving Poppy Boxes in shops, pubs, offices etc will NOT be undertaken this year. The reason for this drastic measure is to avoid exposure to the spread of the virus by face to face contact between collectors and the public.

Without the traditional means of distributing Poppies, we are left only with offering wreaths for donations.

In many smaller towns and villages, including our own area, this will mean an absence of Poppies on the streets. It is not at present clear if the lapel pins which have become very popular, will be available this year. Clearly this restriction will have a serious impact on the Poppy Appeal and will greatly diminish the fund raising which produces over 30% of the Legion's annual revenue.

The Festival of Remembrance at the Albert Hall has been cancelled and it is likely that the ceremony at the Cenotaph in London will be scaled back, as will local Commemoration Services. We are in discussion with Town and Parish Councils to explore what may be practicable.

Hopefully these restrictions will be lifted for next year's Appeal, by which time hopefully, the risk of the virus may have passed.

May I take this opportunity to thank you for your generous support of the Poppy Appeal over the years and hope that we may be able to resume our normal practice next year.

If you represent an organisation that usually lays a wreath on Remembrance Sunday and would like to have one this year, please advise me in good time, so that I may arrange supplies.

With best wishes,

Peter Down

## FREE TREE GIVE-AWAY

We have ordered 255 trees and 100m of mixed native hedging from the Woodland Trust - the maximum we can for the second year running. While we have a number of landowners who will take whatever we have, they are willing to reduce their order if there is a greater demand. So if you have the ability to plant 1-10 native trees in your garden or land then please let me know.

We're keen as many different people in the village as possible partake in the scheme, and its highly likely that this scheme or others like it will be running next year. So please get in contact if you would like some free trees to plant later in the year.

please contact Hugo Craggs hugocraggs@gmail.com 07815137228.

**Please contact Hugo Craggs**

***hugocraggs@gmail.com 7815137228***



**WOODLAND  
TRUST**

is

## Sudoku -fiendish

Like an easier one? Let us know.

Complete the grid using the numbers 1-9 using each number only once in each row, column or 3x3 box. Solution p. 35.

8	2			6				
		6			9			4
	1		2		4			
			9				8	
2		1				3		7
	5				2			
			4		7		5	
5			1			9		
				3			6	1

### RAINFALL IN IP6 8 area 2020

Month	Rain in mm.
<b>JULY</b>	49.5
Last Year	55.0
Total this Year	308
12month cumulative	695.5
10 year Average for July	50.1
Wettest 2012	85.5
Driest 2016	19.0

### RAINFALL IN IP6 8 area 2020

Month	Rain in mm.
<b>AUGUST</b>	85.5
Last Year	41.5
Total this Year	393.5
12month cumulative	740.5
14 wet days	
16 dry days	
10 year Average for August	58.5
Past Wettest 2010	224.5
Past Driest 2003	2.0
..... 2009	17.5

## Creeting St. Mary Women's Institute



On August 12th we had our first meeting back in the Village Hall since Lockdown. This, of course, was a cautious and distanced event - but it was good to see our friends again and enjoy a social evening.

We took our own refreshments, but this was a welcome first step back towards normality.

On September 9th we again had our meeting in the Hall and enjoyed a talk on Forensic Science from Brian Heard. His entertaining talk told of his years in the Police during which he had many specialities but finishing up as a firearms expert. Around half our members attended, plus some guests too.

Details of our next meeting will be confirmed later due to the just-announced new Covid regulations.

***Chris Bingley (Chair)***

Tel 01449 720324. [christine.bingley@gmail.com](mailto:christine.bingley@gmail.com)

## Needham Market and District Horticultural Society

After careful consideration, the Committee of NM&DHS have decided to cancel all the remaining meetings, outings and events in 2020. The Committee will have a socially distanced garden meeting in August to agree the programme for 2021. Many speakers unable to visit us in 2020 have agreed to come next year. Some outings will also be to the venues in the current programme, with exciting additions.

It is anticipated that membership will be confirmed as rolling over for 2021. We very much look forward to welcoming back members for our AGM in February 2021.

We normally meet on the first Thursday of the month at Needham Market Community Centre at 7:30 p.m.

Membership cost just £5 in 2020 payable at an event. This includes 9 speakers and outings to special gardens.

Our annual supper is held in mid-October at a local restaurant.

Please keep in touch.

***Hazel Mackintosh, Joint Events Co-ordinator 01449 720753***



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## Suffolk Wildlife Trust Stowmarket Group

Some events are being planned -

**please see the website or contact John Thompson**

We are a group of volunteers who care deeply about wildlife, for its beauty and diversity and importance to everyone's existence. We support the Trust's aims and vision for a Living Landscape - with nature reserves, Sites of Special Scientific Interest and County Wildlife Sites forming networks of linked-up habitat.

### **We look after local wildlife reserves:**

Work parties maintain Combs and Bonny Woods

**SWT Magazine** is delivered to local members, saving postage costs.

**We organise local events:** talks at Stowupland village hall and guided walks. The complete programme can be downloaded from [www.suffolkwildlifetrust.org/wildlifegroups](http://www.suffolkwildlifetrust.org/wildlifegroups)

### **Our local reserves:**

Combs Wood, Bonny wood, Bradfield Woods, Bull's Wood, and the Blackbourne Valley.

**Our nature reserves remain open for local enjoyment, but please observe Government Advice on accessing Green Spaces:**

<https://www.gov.uk/government/news/coronavirus-guidance-on-access-to-green-spaces>.

Suffolk Wildlife Trust offices, centres and hides are gradually re-opening. See the website for updates. [www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org)

**John Thompson 01449 676471 [swtstowmarket@gmail.com](mailto:swtstowmarket@gmail.com)**

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# THIS SPACE COULD BE WORKING FOR YOUR BUSINESS

**see p. 39  
for details**



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eggs fruit and vegetables,

locally baked bread and brownies and other goodies.

## Suffolk Farmhouse Cheeses- News from the farm.

The last few months have probably been the most challenging of our 16 years of running the business. The sudden closure of hotels, pubs and restaurants back in March resulted in a 70% drop in our wholesale cheese custom, -the mainstay of the business. We were unable to reduce our costs- staff could not be furloughed as the farm still needed to be run, inputs could not be reduced as the cows still needed to be fed. We found ourselves in the distressing position of having to throw away vast quantities of milk as the cafes, restaurants and ice-cream makers didn't need it. Our

cows mean the world to us, and we were desperate not to sell them, so we looked for resourceful ways of coping- one was to send some cows to a kind neighbouring farmer where they could have an extended dry period (when they don't milk during pregnancy) and simply graze the fields to reduce the feed bill. Yes, cows can be furloughed too!

We invested in a new milk vending machine with full-cream and semi-skimmed options equipped to take contactless card payments.

Finally, we turned our hand to home deliveries, our mobile farm shop in the village and extended our farm shop hours and product lines to provide customers with a safer alternative to supermarket shopping and large crowds.

Things have started to return to some kind of normality with pubs and restaurants opening. Once our furloughed cows return we will be able to start producing more cheese ready for Christmas.

We would like to say a big heartfelt thank you to all who supported us through these challenging times and helped us to keep the farm going. Especially those who have continued to support us past lockdown, as every small business is going to take a long time to recover. Every purchase from the farm shop, every litre of milk bought from the vending machine, goes directly back to the farm to feed the cows and give them the life they deserve.

***Katharine and Jason Salisbury***



## The impact of the coronavirus lockdown



citizens  
advice

Mid Suffolk

The impact of the coronavirus lockdown on people's lives has been unprecedented. Many people needed somewhere to turn for advice with their problems. Citizens Advice have

continued to offer free, independent advice and support throughout the pandemic. Since April this year, the Citizens Advice network has helped 5,300 people in Suffolk.

We offer advice to everyone on rights and responsibilities including:

- **Benefits**– if you are unsure about your entitlement to benefits, Citizens Advice can check on your behalf and make sure you are claiming everything you can claim to help you.
- **Employment Advice** - We can advise you on your employment rights according to your written contract. If you do not have a written contract we can advise you about your statutory rights including minimum wage and holiday pay. We also provide advice on discrimination at work.
- **Money Advice & Debt** - The Money Advice team can advise you on all aspects of debt and the course of action open to you. We can help preparing a budget statement and negotiation with creditors.
- **Family & Relationship issues** - We can advise you on all aspects regarding the family, including: separation and divorce, maintenance and child support, parents rights and responsibilities, what to do when someone dies.
- **Housing** - Our advisers are equipped with up to date knowledge on all aspects of housing including: rights and responsibilities of landlords and tenants, tenancies, housing benefit, rent problems, advice on eviction and disputes with neighbours.

Carol Eagles, Chief Officer of Citizens' Advice Mid Suffolk, said “We know the coronavirus crisis has been hard on many people, and perhaps some are struggling for the first time. We want people in Creting St Mary to know that you can turn to us. We can help you over the phone, by email or by video call. One of our clients said that it felt like having someone on their team for the first time in a long time. Please contact us if you need help.”  
Website: [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us) Telephone: 01449 676060

# **Needham Market Country Practice**

## **What you need to know to access our services safely**

From May 2020 all appointments with a doctor need to be made via our eConsult service. This is a secure, clinical, on-line service which can be found on our website: [www.needhamsurgery.co.uk](http://www.needhamsurgery.co.uk) or via the NHS app. You do not need a log in or password to use this service. If you do not have internet access a member of the reception team will be able to help by processing an eConsult on your behalf. Please call 01449 720666 and select option 2.

For Nurse or Phlebotomist, appointments either use eConsult requesting via the admin pathway or call us on the usual number to book.

We are asking patients NOT to visit the surgery unless you have

1. A pre-booked appointment with us
2. Need to collect from our dispensary

When you do come to the surgery we ask that you wear a face covering when on the premises and try not to arrive too early for your appointment to support social distancing in the waiting room.

If you have a mobile phone you may be asked to wait in your car. If you have a nurse or GP appointment and they will call you in directly when they are ready for you.

The Practice is strongly encouraging all patients to purchase their own personal items for use such as a Home Blood Pressure monitor, Pulse Oximeter, and Digital Thermometer. These items are inexpensive and widely available from any pharmacy or online. They will not only be a useful addition to the home first aid kit but play a vital role in self managing healthcare issues and will enable you to report accurate readings to healthcare professionals either via our online services or during telephone consultations.

If you have any questions or concerns having read this, please do not hesitate to contact us on 01449 720666.



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see p. 39  
for details**

## ANAGRAMS - IN YOUR GARDEN

1. sulnip .....
2. old rigma .....
3. his cord .....
4. snerf .....
5. aspyr .....
6. sores .....

7. K.S. Scot .....
8. e gum I ran .....
9. I sell I .....
10. as lamb .....
11. as Hilda .....
12. sinzani .....

answers next edition

## SUDOKU SOLUTION

8	2	4	3	6	1	5	7	9
7	3	6	8	5	9	1	2	4
9	1	5	2	7	4	6	3	8
6	4	7	9	1	3	2	8	5
2	8	1	6	4	5	3	9	7
3	5	9	7	8	2	4	1	6
1	6	3	4	9	7	8	5	2
5	7	8	1	2	6	9	4	3
4	9	2	5	3	8	7	6	1

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## STOWE VETS

# Vaccinating your rabbits

Rabbits are susceptible to myxomatosis and Rabbit Viral Haemorrhagic Disease (RHD) – two serious diseases that are highly contagious and sadly, often fatal. Thankfully, effective vaccinations against these diseases are available and, with regular boosters, you can ensure that your rabbits stay protected throughout their lifetimes.

### **What are RHD and myxomatosis?**

A common disease of wild rabbits, myxomatosis is spread easily to pet rabbits via insect bites or through contact with another infected rabbit. Symptoms of this condition include breathing difficulties, loss of appetite and lethargy.

Rabbits can catch RHD after coming into contact with another infected rabbit or via contaminated surfaces, such as bowls and water bottles. There are two strains of RHD - RHD-1 and RHD-2 - both of which can survive for many months in the environment.

Symptoms of RHD-1 include internal bleeding, seizures and breathing difficulties. RHD-2, however, often has no visual symptoms. Rabbits with RHD-2 often appear unwell for a short time before suddenly passing away. If you think that your rabbit has contracted either myxomatosis or RHD, seek veterinary advice immediately.

### **Vaccinations save lives**

Unfortunately, there is no cure for either myxomatosis or RHD. The only way to protect your rabbits against these diseases is to get them vaccinated. A new vaccination is now available offering 12 months of protection against myxomatosis and both strains of RHD in a single shot. The initial vaccine can be given from five weeks of age, with annual booster vaccinations to maintain the protection.

### **How else can I protect my rabbits?**

Keep your rabbits' cage clean by regularly removing dirty litter and bedding is one way to prevent the transmission of serious diseases. It's also important to maintain good hygiene by sanitising litter trays and toilet areas often with a pet-safe disinfectant. Finally, while it is uncommon for rabbits to catch fleas, it is wise to keep your dog and cat's flea treatment up-to-date - this will prevent your rabbit from picking up fleas too, which can also be vehicles for diseases.

For more information about rabbit vaccinations, please contact Stow Veterinary Group on 01449 613130.



**Creting St Mary**  
Photograph taken from the air ambulance by  
Dr. Nicola Ebbs, Summer 2019

## For Sale

Copies of this wonderful photo taken by Dr Nicola Ebbs from the East Anglian Air Ambulance are available for sale with the proceeds going to the East Anglian Air Ambulance.

Prices:

A4 format £25 framed (plain black ) - £20 unframed

A5 format: £15 framed - £10 unframed.

£5 from each sale will be donated to the air ambulance.

To order copies please contact: Steve Fernie at Creting House (opposite the church)  
steve@cretinghouse.com or phone 01449 720988



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## GENERAL INFORMATION AND CONTACTS

### Creeting St Mary Newsletter:

#### Editors

**Content:** Joan Hardingham, Alder Carr Farm,  
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**Advertising:** Jennie Blackburn 01449 721369  
clerk@csmnpc.co.uk

(Advertising rates are on page 35)



**Distribution:** Kathryn Martin 01449 720491

**Newsletter deadlines:** the 20th of the months of:

September (Oct-Nov edition i.e. early December and Christmas events)

November (Dec-Jan edition)

January (Feb-Mar edition)

March (Apr-May i.e. Easter)

May (Jun-Jul i.e. all those mid-summer events)

July (Aug-Sep - the summer holiday events)

### Creeting St Mary Parish Councillors

Name	Portfolio
Sue Haynes	Chair and Village Hall - 01449 722570
Hugo Craggs (Vice-Chair)	CIL and Sustainability- 07815137228
Roger Coton	SALC - 01449 721526
Paul Scully	Footpaths and Bridleways - 01449 721461
Nigel Smart	01449 720100
Jan Palmer	Blacksmith's Field - 01449 723997
Lesley Plummer	01449 720359
Chris Emmins	07894231165

To contact any of the Parish Councillors, please contact the Parish Clerk first

Parish Council Clerk : Jennie Blackburn - 01449 721369

or email: [clerk@csmnpc.co.uk](mailto:clerk@csmnpc.co.uk)

Meeting agendas and dates are placed on the village noticeboards during the week prior to the meetings, and also on the website.

### Creeting St Mary Website

[www.creating-st-mary.suffolk.gov.uk](http://www.creating-st-mary.suffolk.gov.uk)

Contact the Parish Clerk Jennie Blackburn at [clerk@csmnpc.co.uk](mailto:clerk@csmnpc.co.uk)

## **Diamond Jubilee Village Hall**

Chris Bingley (Management Committee Chair) 01449 720324.

christine.bingley@gmail.com

**To hire:** Richard Hyde Tel: 01449 720024; creetingjubileehall@gmail.com

**Creeting St Mary Social Club:** csm\_socialclub@outlook.com.

**Creeting St Mary Neighbourhood Watch** Representatives:

Bill Mackintosh: 01449 720753

Sue Haynes: 01449 722570

**Creeting St Mary Footpaths** Paul Scully 01449 721461

e-mail: paul@impressions41.plus.com

**Creeting St Mary Welfare Charities** Mr. D. Primmer, 30 All Saints Road,  
Creeting Saint Mary, IP6 8NF 01449 721514

**County Councillor for the Thredling Division:** Matthew Hicks

Tel: (01728) 628176 ; matthew.hicks@suffolk.gov.uk ; Twitter: @HicksCllr

**Mid Suffolk and Baburgh District Councillors:**

Mike Norris - mike\_norris@hotmail.co.uk 01449 720871

Steve Phillips - steve.179@icloud.com 01449 721710, mob. 07794823323

**Member of Parliament for Central Suffolk and North Ipswich**

Dan Poulter Tel: (01728) 726588 ; daniel.poulter.mp@parliament.uk

Twitter: @drdanpoulter

**Creeting St, Mary Primary School** - Head Mrs. Christine Friar

School telephone 01449 720312, office@creetingstmary.suffolk.sch.uk

www.creatingstmary.suffolk.sch.uk

**Priest-in-Charge North Bosmere Benefice** : Rev'd Philip Payne,

The Rectory, The Street, Stonham Aspal, IP14 6AQ

01449 711684 revphilippayne@btinternet.com

### **CSM Newsletter – Advertising Costs**

Bi-monthly issues (June/July; Aug/Sept;

Oct/Nov; Dec/Jan; Feb/Mar; Apr/May)

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